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Author: Michael Jibson, M.D., Ph.D., 2009

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# Histrionic Personality Disorder M2 Psychiatry Sequence



# Cluster B Personality Disorders

# Histrionic Personality Disorder

• "A pattern of excessive emotionality and attention seeking." (DSM-IV)

#### Diagnostic Criteria for Histrionic Personality Disorder (DSM-IV)

A pervasive pattern of excessive emotionality and attention seeking, beginning by early adulthood and present in a variety of contexts, as indicated by five (or more) of the following:

- (1) is uncomfortable in situations in which he or she is not the center of attention
- (2) interaction with others is often characterized by inappropriate sexually seductive or provocative behavior
- (3) displays rapidly shifting and shallow expression of emotions
- (4) consistently uses physical appearance to draw attention to self
- (5) has a style of speech that is excessively impressionistic and lacking in detail
- (6) shows self-dramatization, theatricality, and exaggerated expression of emotion
- (7) is suggestible, i.e., easily influenced by others or circumstances
- (8) considers relationships to be more intimate than they actually are

PD-INEL
American Psychiatric Association: Diagnostic and Manual of Mental Disorders, 4th ed, Text Revision (DSM-IV-TR)



Clinical Vignettes

# Histrionic Personality Disorder

- Prevalence: 2-3% of population
- Sex ratio: F>M
- Comorbidity: Somatization and conversion disorders, depression, anxiety
- Family: Cluster B disorders



#### Treatment

- Psychotherapy Dynamic therapy is the treatment of choice
- Medication Antidepressants and anxiolytics may help comorbid depression and anxiety

#### Physician-patient Interaction

- Overly dependent or seductive behavior is common
- A dramatic presentation may obscure the differences between major and minor physical problems
- Rapid fluctuation between overwhelming anxiety about a medical problem and total indifference is common.

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Slide 5: American Psychiatric Association: *Diagnostic and Manual of Mental Disorders*, 4<sup>th</sup> ed, Text Revision (*DSM-IV-TR*), Washington, DC, American Psychiatric Association, 2000, p. 714