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# M1 - GI Sequence

# **Nerves and Hormones**

# John Williams, M.D., Ph.D.



Winter, 2009

#### **OVERVIEW OF GASTROINTESTINAL TRACT**

#### ingested nutrients



#### Gastrointestinal System

1. Salivary glands	6. Rectum
2. Esophagus	7. Pancreas
3. Stomach	8. Liver

4. Small Intestine 9. Gallbladder



#### **BASIC PROCESSES OF THE GI TRACT**



#### **BASIC PROCESSES OF THE GI TRACT**



## **Motility**

- 1. Segmental Contractions
- 2. **Propulsive Movements** 
  - 3. Reservoir Function

## **Digestion**

The chemical breakdown of food into molecules able to be absorbed

## **Overall Fluid Balance of the GI Tract**



## Phases of GI Regulation



<u>Cephalic Stimuli</u> taste, smell, sight, emotions <u>Gastric and Intestinal Luminal Stimuli</u> mechanoreceptors - volume, pressure chemoreceptors - amino acids, fatty acids, pH osmoreceptors - osmolarity

### SPLANCHNIC CIRCULATION



Granger, D, et al. Clinical Gastrointestinal Physiology. W.B. Saunders, Philadelphia, PA; 1985: 28.

#### ENTERIC NERVOUS SYSTEM





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# NEUROTRANSMITTERS INVOLVED IN GI REGULATION

<b>NON-PEPTIDES</b>	<b>PEPTIDES</b>
Acetylcholine	Substance P
Norepinephrine	CCK
Serotonin	Somatostatin
Nitric Oxide	VIP
Dopamine	Enkephalin
Purinergic	
(adenosine, ATP)	



Fig. 2 Johnson, L. *Physiology of the Gastrointestinal Tract*, Vol. 1, 2<sup>nd</sup> ed. Raven Press, New York, NY; 1987: 4.



Fig. 9 Johnson, L. *Physiology of the Gastrointestinal Tract*, Vol. 1, 2<sup>nd</sup> ed. Raven Press, New York, NY; 1987: 21.



Source Undetermined

### Extrinsic parasympathetic and sympathetic innervation of the digestive tract

![](_page_15_Figure_1.jpeg)

## **BLOCK DIAGRAM FOR NEURAL CONTROL OF THE GI TRACT**

![](_page_16_Figure_1.jpeg)

![](_page_17_Figure_0.jpeg)

Source Undetermined

#### GENERAL PROCESSES AFFECTED BY GI REGULATORY MOLECULES

- 1. GI Secretion (stomach, pancreas, intestine)
- 2. GI Motility (stomach, intestine, gallbladder)
- 3. Endocrine Secretion (pancreatic islets) (Incretin)
- 4. Growth of GI Organs
- 5. Food Intake

## MORPHOLOGY AND SECRETION BY GI ENDOCRINE CELLS

![](_page_19_Figure_1.jpeg)

## MORPHOLOGY AND SECRETION BY GI ENDOCRINE CELLS

![](_page_20_Figure_1.jpeg)

![](_page_21_Picture_0.jpeg)

Source Undetermined

![](_page_22_Picture_0.jpeg)

![](_page_22_Picture_1.jpeg)

# GASTRIN-CCK FAMILY

1. Gastrin

2. Cholecystokinin (CCK)

# GASTRIN

## Major Physiological Effects:

- 1. Gastric Acid Secretion
- 2. Gastric Mucosal Growth

## Chemistry

- G-4 minimal active fragment shared with CCK
- G-5 Pentagastrin (synthetic)

## Secretion

- 1. Synthesized by G cells in gastric antrum
- 2. Released in response to food in stomach

# **CHOLECYSTOKININ (CCK)**

Major Physiological Effects:

- 1. Gallbladder Contraction
- 2. Pancreatic Enzyme Secretion
- 3. Inhibition of Gastric Emptying

![](_page_25_Figure_5.jpeg)

#### Secretion:

- 1. Synthesized by I cells in duodenal and upper jejunal mucosa
- 2. Released in response to peptides and fatty acids in lumen of small intestine

# Secretin-GIP-VIP-Glucagon Family

- 1. SECRETIN
- 2. GASTRIC INHIBITORY PEPTIDE (GIP)
- 3. GLUCAGON
- 4. VASOACTIVE INTESTINAL PEPTIDE (VIP)

## Secretin-GIP-VIP-Glucagon Family

## SECRETIN

Major Physiological Effects:

- 1. Stimulation of Bile and Pancreatic HCO<sub>3</sub> Secretion
- 2. Inhibition of Gastric Acid Secretion

Chemistry:

27 aa peptide

Secretion:

Secretin is synthesized by S cells in the duodenal mucosa and released in response to acid (pH <4.5) in the duodenal lumen

# **GASTRIC INHIBITORY PEPTIDE (GIP)**

**Major Physiological Effects:** 

- 1. Stimulation of Insulin Secretion
- 2. Inhibition of Gastric Acid Secretion

**Secretion** 

Synthesized and released from a distinct type of duodenal endocrine cell in response to luminal nutrients

# GLUCAGON

Found in both pancreas and gut but processed in islets to glucagon and in gut to GLP-1 and GLP-2

## VASOACTIVE INTESTINAL PEPTIDE (VIP)

Widely distributed neuropeptide most often inhibitory to muscle but stimulates glandular secretion. Tumors (VIPomas) result in secretory diarrhea

### **Other GI Regulatory Molecules**

**Histamine** – paracrine regulator; major stimulant of gastric acid secretion

**Bombesin or GRP** (Gastrin Releasing Peptide) – neuropeptide; stimulates gastrin release

**Motilin** - intestinal GI hormone; regulates intestinal motility (MMC)

Enkephalins - neurocrine regulators of motility and secretion

**Substance P** – neuropeptide; usually excitatory

**Somatostatin** - universal inhibitory paracrine or endocrine regulatory peptide

**GLP-1** (glucagon-like peptide 1) - formed by postranslational processing of proglucagon in intestine. An important regulator of insulin secretion and appetite

GLP-2 (glucagon-like peptide 2) - stimulates growth of intestinal mucosa

Inflammatory Mediators - Serotonin, cytokines, chemokines

Growth and Trophic Factors - Insulin, TGF  $\alpha$ , IGF

**Ghrelin** – oriexigenic peptide present in the gastric mucosa

## DISTRIBUTION OF GI REGULATORY MOLECULES

![](_page_31_Figure_1.jpeg)

# **Additional Source Information**

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- Slide 9 Granger, D, et al. Clinical Gastrointestinal Physiology. W.B. Saunders, Philadelphia, PA; 1985: 28.
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- Slide 13 Fig. 2 Johnson, L. *Physiology of the Gastrointestinal Tract*, Vol. 1, 2<sup>nd</sup> ed. Raven Press, New York, NY; 1987: 4.
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- Slide15 Source Undetermined
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