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## Lipoproteins

Thursday, January 17, 2008 10:00 AM

- 4. Be familiar with the general structure of lipoproteins.
  - a. Neutral lipid core
  - b. Single layer of phospholipid membrane
  - c. Apoproteins in membrane
  - d. Cholesterol in membrane
- 5. Know the characteristics of lipoproteins and the function of the apoproteins.
  - a. Chylomicrons least dense, least protein, most triglyercide content, largest size, ApoB-48, ApoC-II
  - b. VLDL ApoC-II
  - c. IDL ApoC-II
  - d. LDL ApoB-100
  - e. HDL most dense, most protein, least triglyceride content, smallest size, ApoA-I, ApoC-II
- 6. Know the source and function of the different lipoproteins.
  - a. Chylomicrons carry fat from intestines to liver and to adipose tissue
  - b. VLDL carry newly synthesized triglycerides from liver to adipose
  - c. IDL -?
  - d. LDL carry cholesterol from liver to cells of body
  - e. HDL collect cholesterol from body tissue to liver
- 7. Know the pathways involved in the transport of triglycerides and cholesterol by lipoproteins.
  - a. Small intestine cells absorb lipid from diet
  - b. Assembled w/ B-48 into chylomicrons
  - c. Chylomicrons travel in bloodstream
  - d. Lipoprotein lipase liberates free fatty acids to adipose and muscle
  - e. Remnants get to liver and interact w/ remnant receptor
  - f. Remnants hydrolyzed
  - g. Liver reassembles triglycerides into VLDLs w/ ApoB-100
  - h. VLDLs can undergo lipoprotein lipase rxn
  - i. VLDL remnants (IDLs) hydrolyzed to LDLs
  - j. LDL binds to target tissue via LDL receptors
  - k. LDLs hydrolyzed in tissue to HDLs
- 8. Understand the lipoprotein lipase reaction.
  - a. Lipoprotein lipase sits on cell membranes
  - b. When it interacts w/ ApoC-II (required), it hyrdrolyzes the triglyceride (1 and 3 FA) to 2 FA + 1 monoglyceride
  - c. The monoglyceride is then further hydrolyzed to a FA and glycerol molecule
- 9. Know the sequence of events involved in the uptake of LDL and the release of cholesterol.
  - a. ApoB-100 in LDL binds to LDL receptors
  - b. Receptor mediated endocytosis w/ coated pit
  - c. LDL receptors recycled
  - d. Lysosome forms; cholesterol and amino acids released
  - e. Increase in cholesterol increases synthesis of ACAT
  - f. Increase in cholesterol decreases HMG-CoA reductase synthesis and LDL receptor synthesis
- 10. Know the mechanism for the feedback regulation by cholesterol.
  - a. See above
- 11. Know the function of HDL.
  - a. HDL takes cholesterol off tissues
  - b. LCAT esterifies the cholesterol w/ phosphatidylcholine (abundant in HDL)
  - c. The cholesterol ester is then either sent to the liver to be excreted as bile or transferred to other lipoproteins to eventually end up in the liver

- d. HDL is the good cholesterol because of this function
- 12. Know the LCAT reaction.
  - a. Lecithin-Cholesterol Acyltransferase
  - b. Takes the FA2 off phosphatidylcholine and transfers it to the 1-OH on cholesterol
  - c. Creates the cholesterol ester
  - d. Requires ApoA-I for the reaction
- 13. Know the general pathway for the synthesis of bile acids and how the synthesis is regulated.
  - a. 7-alpha-hydroxylase is rate limiting enzyme
    - i. Found only in liver
    - ii. Induced by glucocorticoids, thyroid hormone and cholesterol
  - b. Products are taurine and glycine