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Nucleus	Releasing Hormone	Pituitary Hormone
Medial Preoptic	Gonadotropin-releasing h. Thyrotropin-releasing h. Corticotrophin-releasing h. Growth hormone-releasing inhibitor h.	Gonadotropins Thyrotropin Corticotropin Inhibits release of Growth Hormone
Anterior	Growth hormone-releasing inhibitor h.	Inhibits release of Growth Hormone
Supraoptic	Corticotrophin-releasing h.	Oxytocin and Vasopressin Corticotropin
Paraventricular	Thyrotropin-releasing h. Corticotrophin-releasing h. Growth hormone-releasing h. Growth hormone-releasing inhibitor h.	Oxytocin and Vasopressin Thyrotropin Corticotropin Growth Hormone Inhibits release of Growth Hormone
Ventromedial	Growth hormone-releasing h.	Growth Hormone
Dorsomedial	Growth hormone-releasing h. Thyrotropin-releasing h.	Growth Hormone Thyrotropin
Arcuate	Gonadotropin-releasing h. Growth hormone-releasing h. Prolactin-releasing inhibition h.	Gonadotropins Growth Hormone Prolactin Inhibition
Lateral Hypothalamic Zone	Thyrotropin-releasing h. Growth hormone-releasing h. Growth hormone-releasing inhibitor h.	Thyrotropin Growth Hormone Inhibits release of Growth Hormone