Teaching with data

Caren M. Stalburg, MD MA Clinical Assistant Professor Obstetrics and Gynecology and Medical Education



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INSTRUCTIONAL METHODS IN HEALTH PROFESSIONS EDUCATION



Intended Learning Outcomes

- Employ data tables to stimulate class discussion
- Learn strategies for teaching evidence based practice



Data to inform decisions

- Want individuals to learn and think critically – How to stimulate?
- Higher order reasoning can be harder in the abstract
- Ground the discussion in data to help learners work through complex questions



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June	Anomaly		Rank		Records		
	°C	°F	(out of 134 years)		Year(s)	°C	°F
Global							
	+1.05 ± 0.14	+1.89 ± 0.25	Warmest	3 rd	2012	+1.19	+2.14
Land			Coolest	132 nd	1885, 1907	-0.64	-1.15
	+0.48 ± 0.04	+0.86 ± 0.07	Warmest	10 th	1998	+0.59	+1.06
Ocean $\begin{bmatrix} +0\\ 0 \end{bmatrix}$			Coolest	125 th	1909, 1911	-0.50	-0.90
Land and Ocean	+0.64 ± 0.08	+1.15 ± 0.14	Warmest	5 th	2010	+0.69	+1.24
			Coolest	130 th	1911	-0.46	-0.83
	Ties: 2006						

NOAA National Climatic Data Center, State of the Climate: Global Analysis for June 2013, published online July 2013. Retrieved on August 13, 2013 from http://www.ncdc.noaa.gov/sotc/global/2013/6.

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Types of questions

• Factual

- Comparisons
- Differences
- Interpretation
- Inferences

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• In video quiz insert

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Evidence based practice

- Life-long learning and adapting new information, processes, treatments into care
- Critical review of the literature
- Appropriate application to patient population and care modalities

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Clinical questions:

- Is this new medication as efficacious for treating the disease as our current standard?
- Which care intervention would be best in this particular patient's scenario?
- If we use this technique, what is the patient's expected prognosis?

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Where to search?

- Databases
 - Medline, PubMed, Cochrane
- Terms
 - MeSH (medical subject headings)
 - Boolean search terms
 - 'OR' looks for similar terms, more than one term, broadens the domain
 - 'AND' limits the search to items containing both terms only, narrows your results
 - "xyz" quotation marks will search for the specific phrase

The Fun Part: Choosing evidence

- Randomized Control Trials
 - Patient randomization?
 - Equivalency of groups outside of intervention?
 - "Blinding" to treatment?
 - Patients analyzed by the group assigned?
 - Follow-up?

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The Fun Part: Choosing evidence

- Systematic reviews
 - Types of articles included
 - Databases queried
 - Inclusion/exclusion criteria: both for the search and the individual studies
 - Complete search strategy

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PICO Questions

- Population
 - What is the disease state, patient demographics
- Intervention
 - What is the treatment or procedure being considered
- Comparison/Control
 - Is there a control group or an alternate treatment group?
- Outcome
 - What are the outcome measures? Survival? Function? Labs?

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Real world example

• Look at the abstract here: http://jama.jamanetwork.com/article.aspx?articleid=1728716

P = I = C = Q =



Real world example

• Look at the abstract here: http://jama.jamanetwork.com/article.aspx?articleid=1728716

P = Severe mitral regurgitation, flail leaftlets without Class I triggers (heart failure or left ventricular failure) I = Non-surgical (medical) versus early mitral valve surgery C = MIDA: 1021 pts with MR. 575 patients managed medically 446 patients underwent mitral valve surgery **O** = Association between treatment strategy and three metrics a) survival b) heart failure c) new onset atrial fibrillation



What do the results mean?

- **Risk event** = chance that an outcome happens
- **Relative risk** = chance of the risk event occurring in the experimental and control groups
 - A relative risk of 1 means what????- RR > 1 or a RR < 1 indicates what???

What do the results mean?

- **Confidence interval** = degree of certainty around the result obtained, or how confident you can be that the actual 'thing' you are trying to measure within the population sampled is actually in the range you measured
 - Many people set the confidence interval at 95%, which is the same as saying the significance level or *p* value is ≤ 0.05
 - Basically if you repeat the test over and over you can be 95% certain that the true value of the 'thing' in the population you are looking for is within your estimate the results that you obtained did not just happen by 'chance'

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What do the results mean?

• Odds ratio =

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Cross-tabulation of (2 x 2)

	PRESENT	ABSENT	Total
INTERVENTION	Α	В	A+B
CONTROL	С	D	C+D
Total	A + C	B + D	n

A = Individual with a condition who receives the intervention B = Individual without the condition who receives the intervention



Cross-tabulation of (2 x 2)

	PRESENT	ABSENT	Total
INTERVENTION	Α	В	A + B
CONTROL	С	D	C+D
Total	A + C	B + D	n

C = Individual with a condition who is in the control group D = Individual without the condition who is in the control group n = Total number of individuals in the study



Cross-tabulation of (2 x 2)

	PRESENT	ABSENT	Total
INTERVENTION	A	В	A + B
CONTROL	С	D	C+D
Total	A+C	$\mathbf{B} + \mathbf{D}$	n

A + C = Individuals with a particular condition B + D = Individuals without the condition A + B = Individuals undergoing the intervention C + D = Individuals in the control group

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Fun with Cross-tabulation??

	PRESENT	ABSENT	Total
INTERVENTION	Α	В	A+B
CONTROL	С	D	C+D
Total	A + C	B + D	n

You can calculate all sorts of statistics! Sensitives, Specificities Relative risk ratios, Numbers needed to treat, Odds ratios!!

Yep, there is an app for that!



Your world....

- Small group session
- Journal club
- On-line modules
- Focus just on PICO....