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## Regulation of Arterial Blood Pressure

### M1 – Cardiovascular/Respiratory Sequence Louis D'Alecy, Ph.D.



# Monday 11/03/08, 11:00 The **Regulation** of Arterial Blood Pressure

Regulation requires both a sensor and a set point about which the variable is controlled.

# Arterial Baroreceptor Reflex 24 slides, 50 min.

# **Arterial Baroreceptor Reflex**

- 1. "Simplified" Flow Equation
- 2. Total Peripheral Resistance
- 3. Determinants of Mean Arterial Pressure
- 4. Baroreceptor Function
- 5. Basic Arterial Baroreceptor Reflex
- 6. Generalized vs.Localized Vasoconstriction
- 7. Medullary Cardiovascular Center

# $Flow = \frac{P_{art} - P_{ven}}{R}$

When we assume:

- Pven, i.e. venous pressure is zero
- **P**art, I.e. arterial pressure in MAP
- **Flow** is cardiac output
- **R** systemic vascular resistance is **TPR**

### Then the simplified flow equation says: CO = MAPTPR

## Total Peripheral Resistance (TPR) or Systemic Vascular resistance (SVR)

- from root of aorta to right atrium
- excludes heart and lungs
- cardiac output flows through this resistance
- changes with generalized vasoconstriction
  or generalized vasodilation

# CO = MAP TPR

Rearrange to focus on primary variable regulated in the cardiovascular system: ARTERIAL BLOOOD PRESSURE

# MAP = CO X TPR

Think of it as stating that MAP is directly determined by CO and TPR.

#### To Regulate Arterial Blood Pressure: <u>MAP = CO X TPR</u>

Regulated Variable must be sensed:

Arterial Blood Pressure (~MAP)

Effectors must be controlled:

CO thus HR x SV and or TPR



#### **Arterial Baroreceptors**



Please see: http://mor.phe.us/jtw/Gateway/Projects/Vertebrates/images/EvolutionOfTheHeart/ArterialBaroreceptors.gif

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### Mean arterial pressure (MAP)



## **Steady State Response**



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Baroreceptor afferents thus contain not only steady pressure information but heart rate and pulse pressure information.



Reference Mohrman and Heller. Cardiovascular Physiology. McGraw-Hill, 2006. 6th ed.

# Arterial Baroreceptor Reflex(s)

- -minimize changes in arterial blood pressure
- tend to restore MAP to initial value
- move pressure pressure in opposite direction of disturbance (negative feedback)
- utilizes (controls) HR, SV, TPR, "other" changes
- can be over ridden by other reflexes and controls



# Arterial baroreceptor reflex



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# Factors influencing heart rate



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### **Controllers of stroke volume**







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# Cardiac output



## SYSTEMIC VASCULAR (TOTAL PERIPHERAL RESISTANCE)

- Vasoconstriction (generalized)  $\Rightarrow \Downarrow \mathbf{r} \Rightarrow \Uparrow \mathbf{TPR}$  $\Rightarrow \Uparrow \mathbf{MAP} \quad \mathbf{or} \Downarrow \mathbf{CO}$
- Vasodilation (generalized)  $\Rightarrow \Uparrow \mathbf{r} \Rightarrow \Downarrow \mathbf{TPR} \Rightarrow \Downarrow \mathbf{MAP} \quad \mathbf{or} \Uparrow \mathbf{CO}$

# $\mathbf{MAP} = \mathbf{CO} \mathbf{X} \mathbf{MAP}$



Reference Mohrman and Heller. Cardiovascular Physiology. McGraw-Hill, 2006. 6th ed.

#### **Other MCVC Inputs**

#### **Higher Centers**

Cortex-- cerebral, cerebellar Hypothalamus-- Na, H<sub>2</sub>O, Pain, C°, Emotion, Activity

#### Chemoreceptors

Carotid and aortic bodies Hypoxia--vasodilation BUT hypertension reflex

#### Cardiopulmonary low pressure baroreflexes

-sense central venous volume -respond to alter fluid balance (renal effects)

-long-term blood pressure response

### TISSUE RESISTANCE (\*\*\*Assume Perfusion Pressure is Constant \*\*\*) LOCAL -- COMPETES WITH BAROREFLEX

• Vasoconstriction  $\Rightarrow \Downarrow \mathbf{r} \Rightarrow \Uparrow \mathbf{R}_{tissue} \Rightarrow \Downarrow \mathbf{F}_{tissue}$ 

•Vasodilation  
$$\Rightarrow \Uparrow \mathbf{r} \Rightarrow \Downarrow \mathbf{R}_{tissue} \Rightarrow \Uparrow \mathbf{F}_{tissue}$$



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