

**Author(s):** Louis D'Alecy, 2009

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# Cerebral Blood Flow

M1 – Cardiovascular/Respiratory  
Sequence

Louis D'Alecy, Ph.D.

Fall 2008



Monday 11/10/08, 9:00

# Control of Cerebral Blood Flow

19 slides, 50 minutes

1. Normalized blood flow
2. Determinants of CeBF
3. Autoregulation
4. Cushing Response
5. Resistance Control
6. Hypoxia vs. Ischemia
7. Cerebral Ischemia

# Cerebral Blood Flow mL / min?

But how big is the tissue or organ?

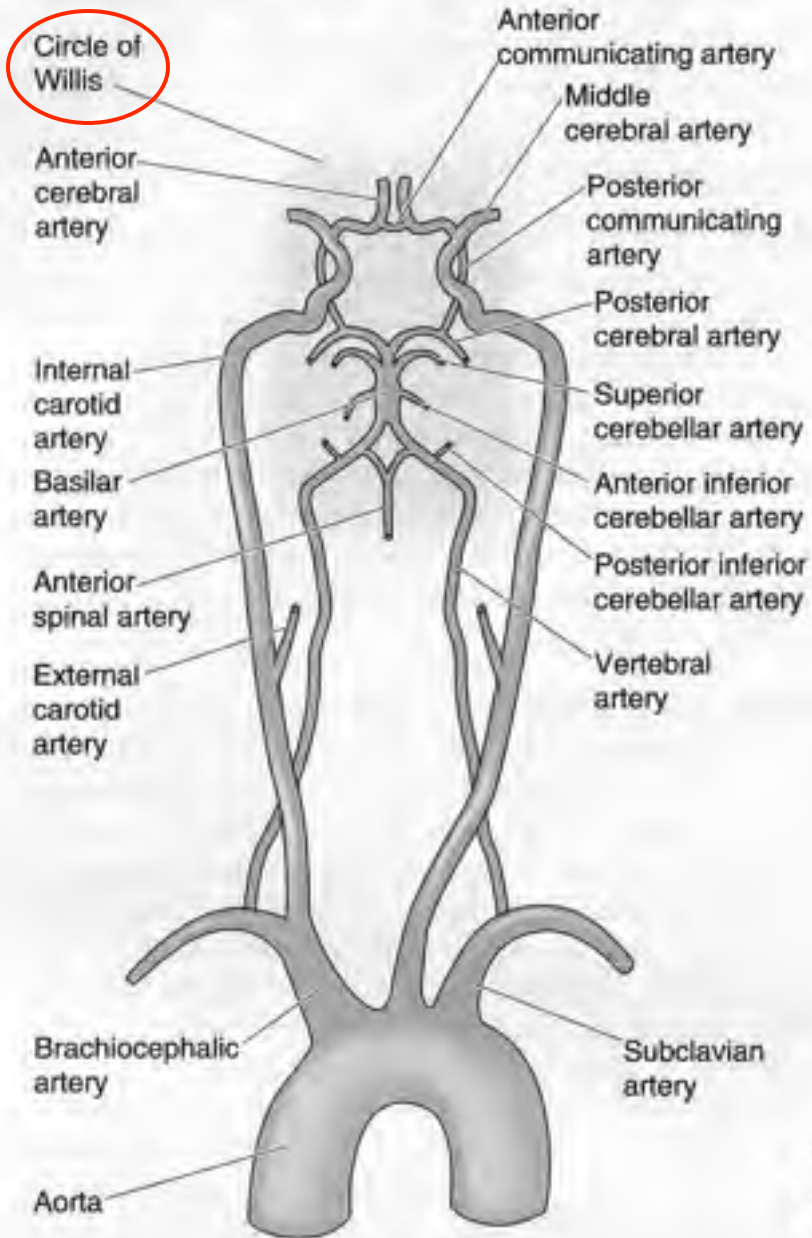
**Normalized** to mL / 100g / min

Liver	57.7
Kidneys	420.0
<b>Brain</b>	<b>54.0</b>
Skin	12.8
Skeletal Muscle	2.7
Heart	84.0
Rest of body	1.4

\*\*To change organ blood flow you increase CO

**Or** redistribute flow (CO).

A MAJOR ARTERIAL SUPPLY AND CIRCLE OF WILLIS



Arterial supply



redundancy

Venous drainage



# **DETERMINANTS OF CEREBRAL BLOOD FLOW**

## **1 PERFUSION PRESSURE**

- **Arterial and venous pressure**
- **Flow Autoregulation with changes in perfusion pressure**

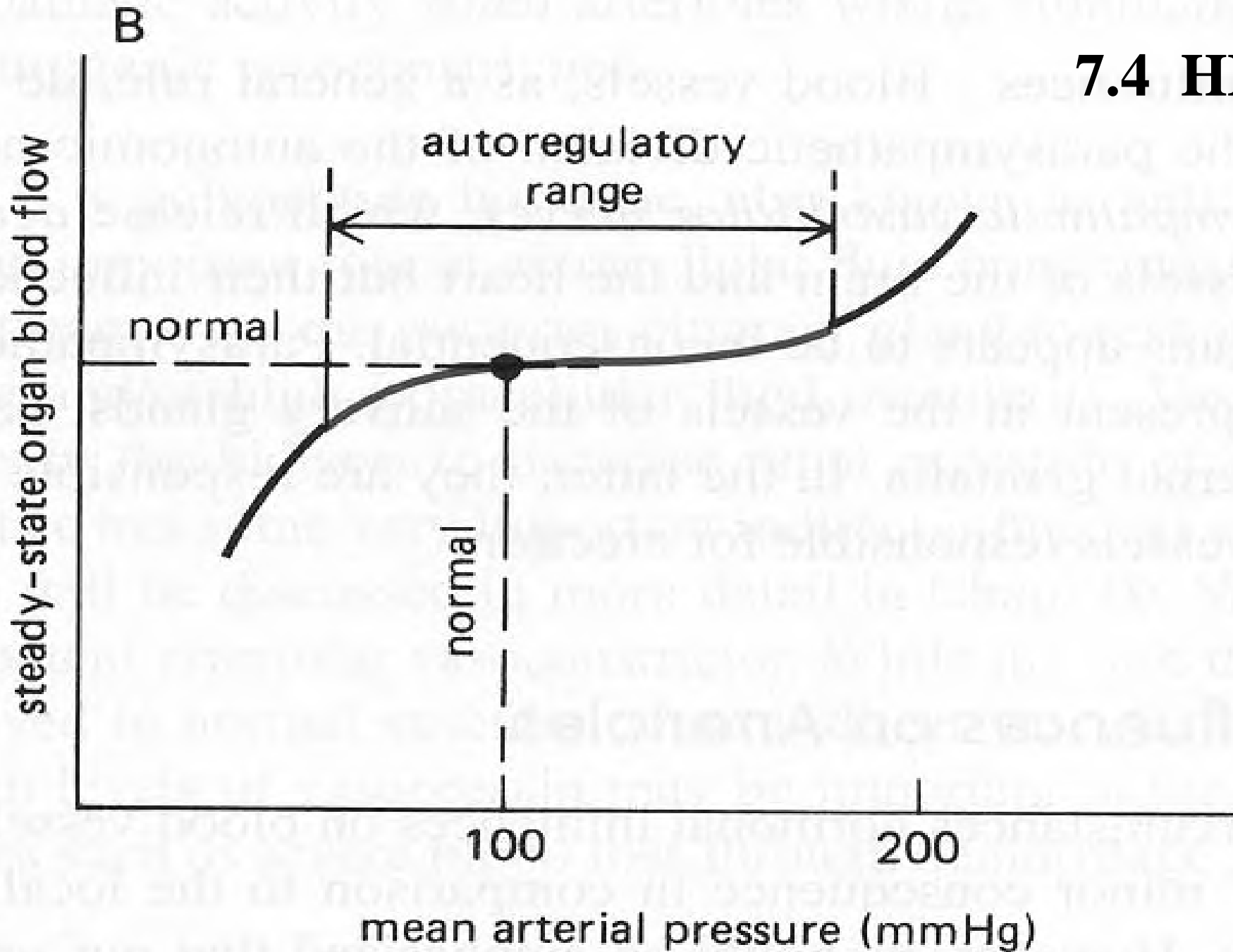
## **2 INTRACRANIAL PRESSURE COMPRESSION**

- **Cerebral Ischemic Reflex**

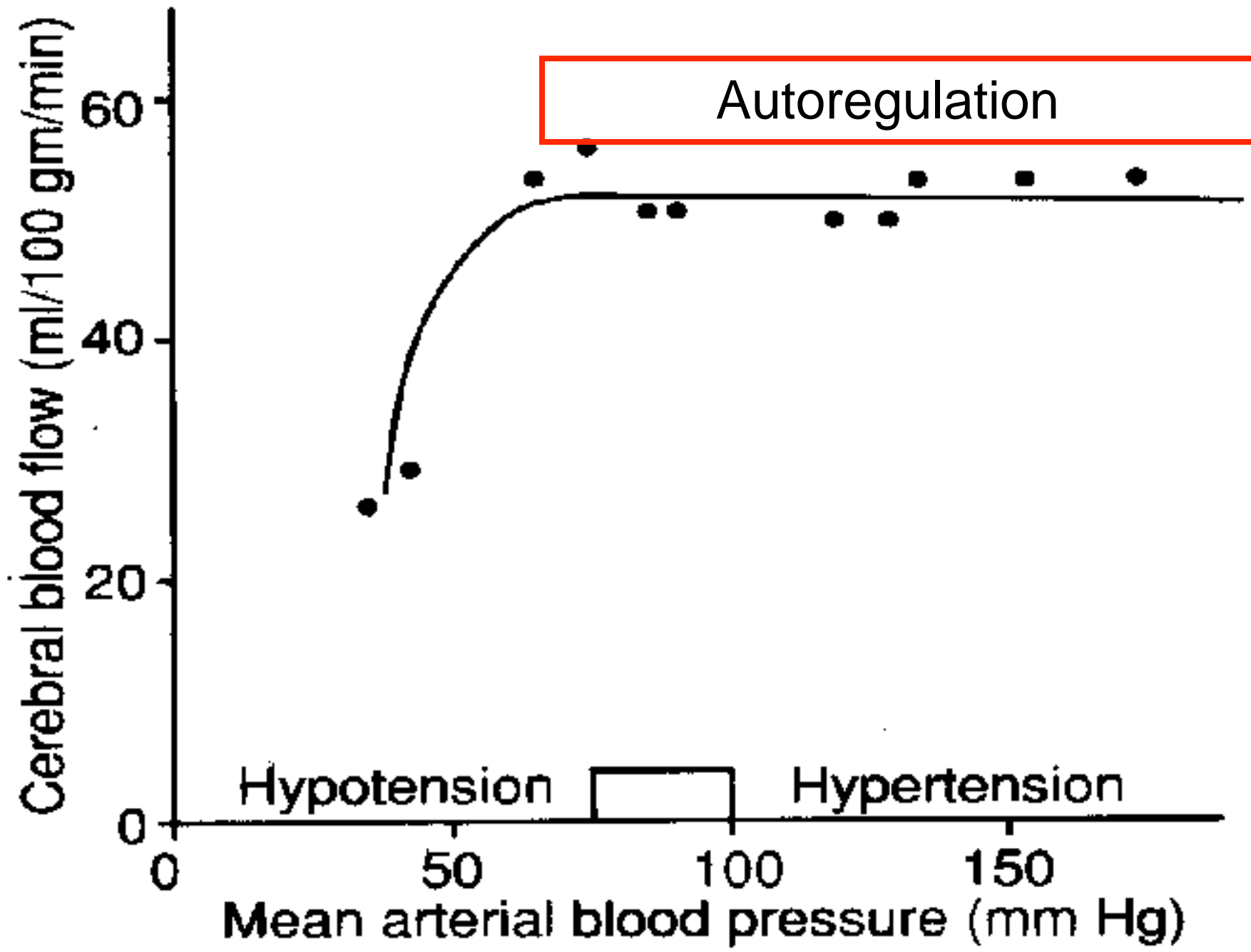
## **3 METABOLIC CONTROL (Resistance Control)**

## **4 NEURAL CONTROL (Resistance Control)**

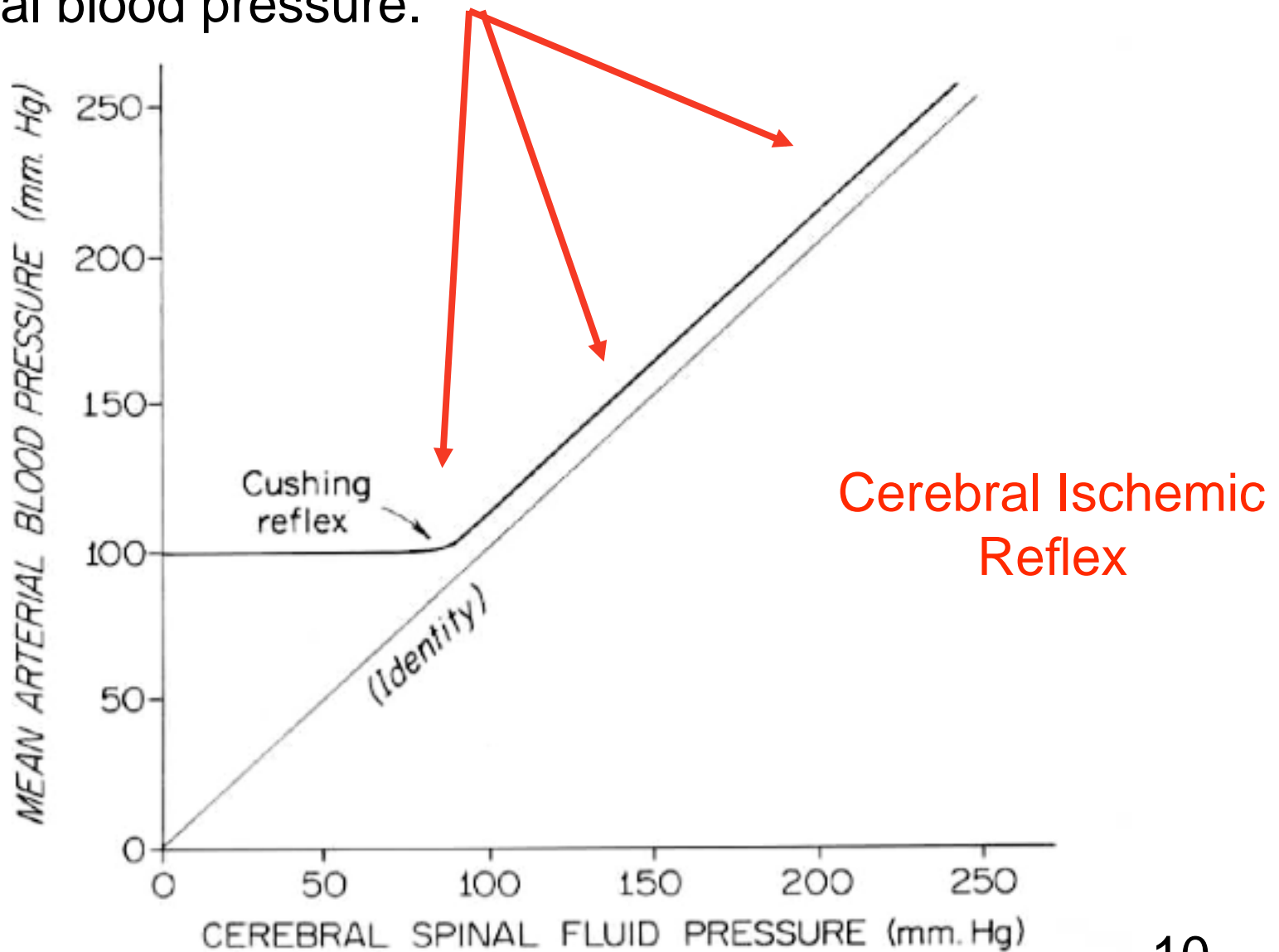
## 7.4 HM







When intracranial pressure (ICP) approaches arterial pressure the **Cushing reflex** produces a sustained increase in arterial blood pressure.



## Cushing (Cerebral Ischemic Reflex)

- response to compressive ischemia in CNS
- marked increase in arterial blood pressure
- over rides arterial baroreceptor reflex !!
- may involve central chemoreceptors
- presumed to be “protective” of ischemic CNS
- presumably maintains CBF when ICP increases

# TISSUE RESISTANCE

**(\*\*\*Assume Perfusion Pressure is Constant \*\*\*)**

• Vasoconstriction  $\Rightarrow \Downarrow r \Rightarrow \Uparrow R_{\text{tissue}} \Rightarrow$   
 $\Downarrow F_{\text{tissue}}$

• Vasodilation

$\Rightarrow \Uparrow r \Rightarrow \Downarrow R_{\text{tissue}} \Rightarrow \Uparrow F_{\text{tissue}}$

$$F_{\text{tissue}} = \frac{\text{Perfusion Pressure}}{R_{\text{tissue}}}$$

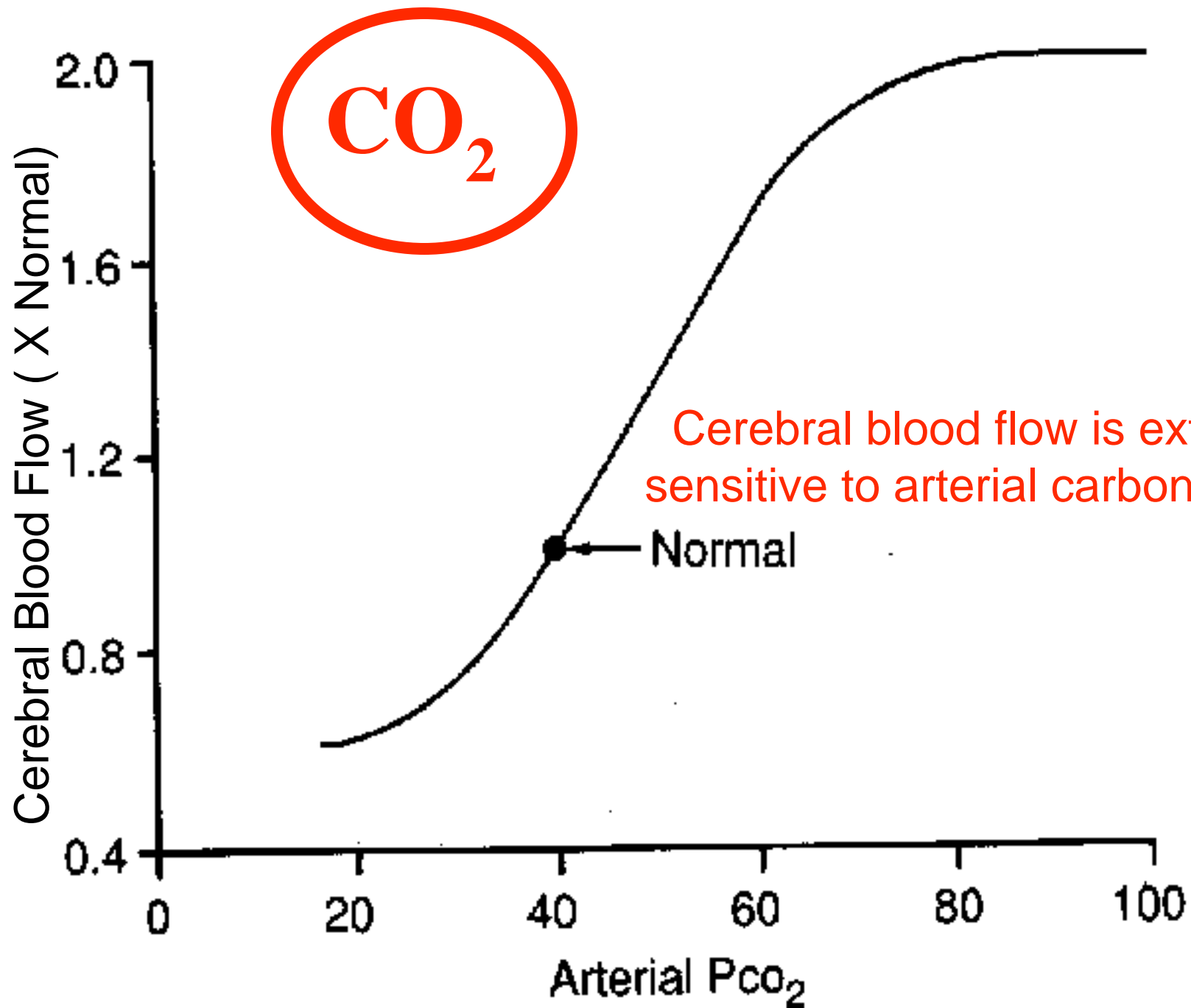
# Vasodilators

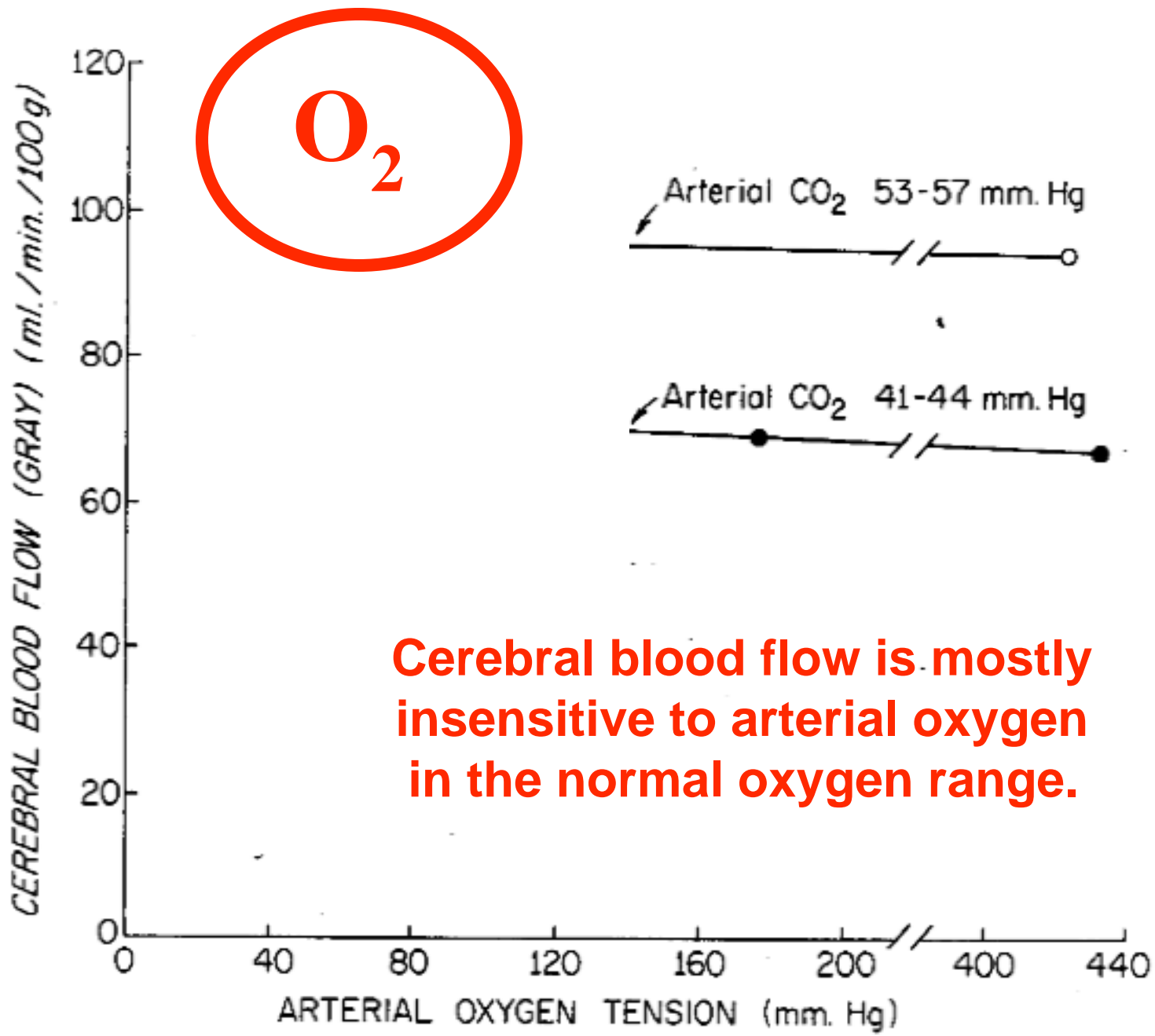
## “Metabolic”

- $\Downarrow$  oxygen
- $\Uparrow$   $K^+$ ,  $CO_2$ ,  $H^+$
- Osmolarity
- Adenosine
- Eicosanoids

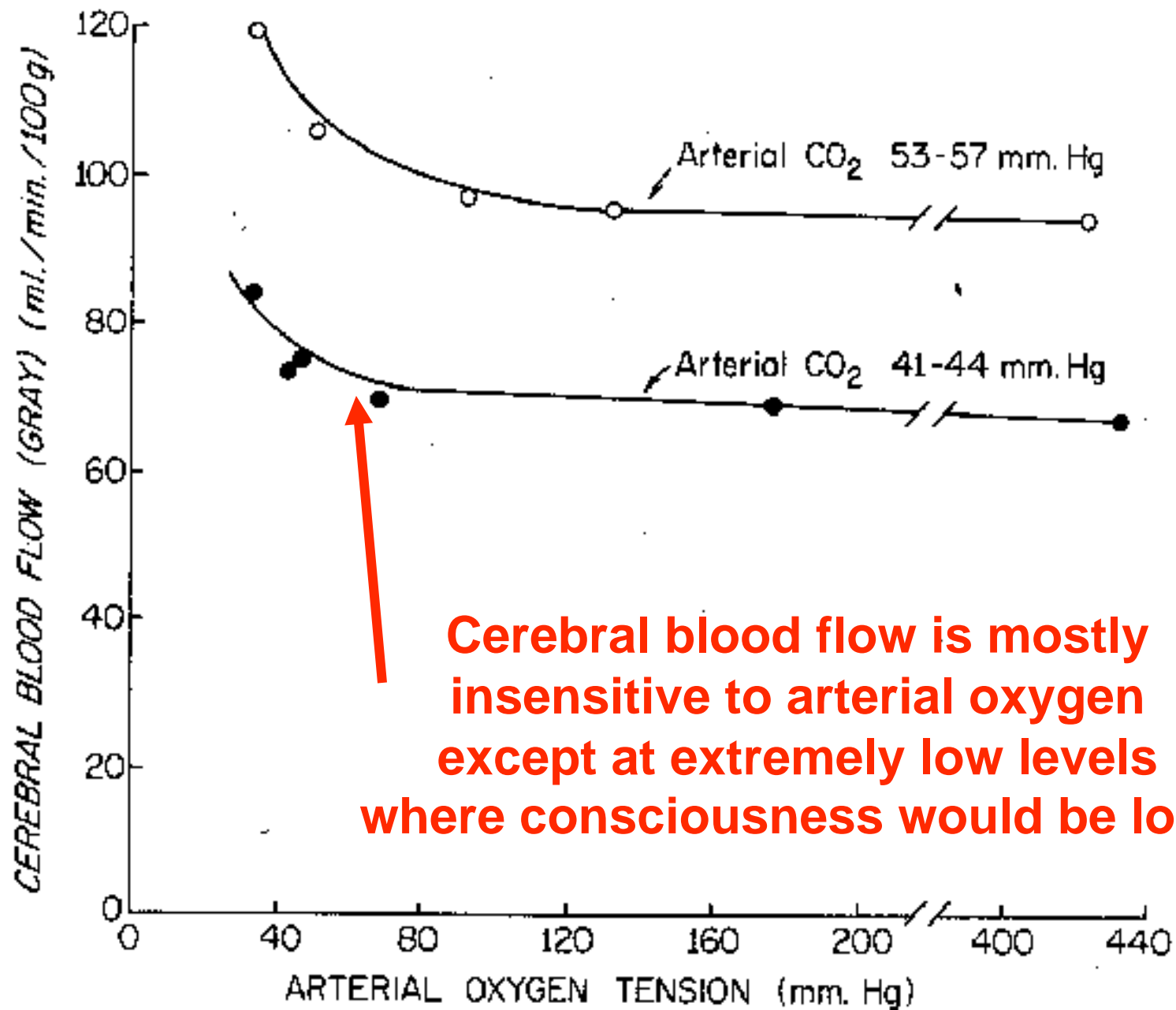
## Other

- Nitric oxide
- Injury molecules
- ?





**Cerebral blood flow is mostly insensitive to arterial oxygen in the normal oxygen range.**



**Cerebral blood flow is mostly insensitive to arterial oxygen except at extremely low levels where consciousness would be lost.**



# Hypoxia Is Often Misunderstood

- not asphyxia (...unable to breath..)
- hypoxia is often undetectable
- hypoxia produces a feeling of well-being or belligerence
- signs and symptoms prior to unconsciousness are subtle, insidious and often imperceptible.
- many causes

# Summary

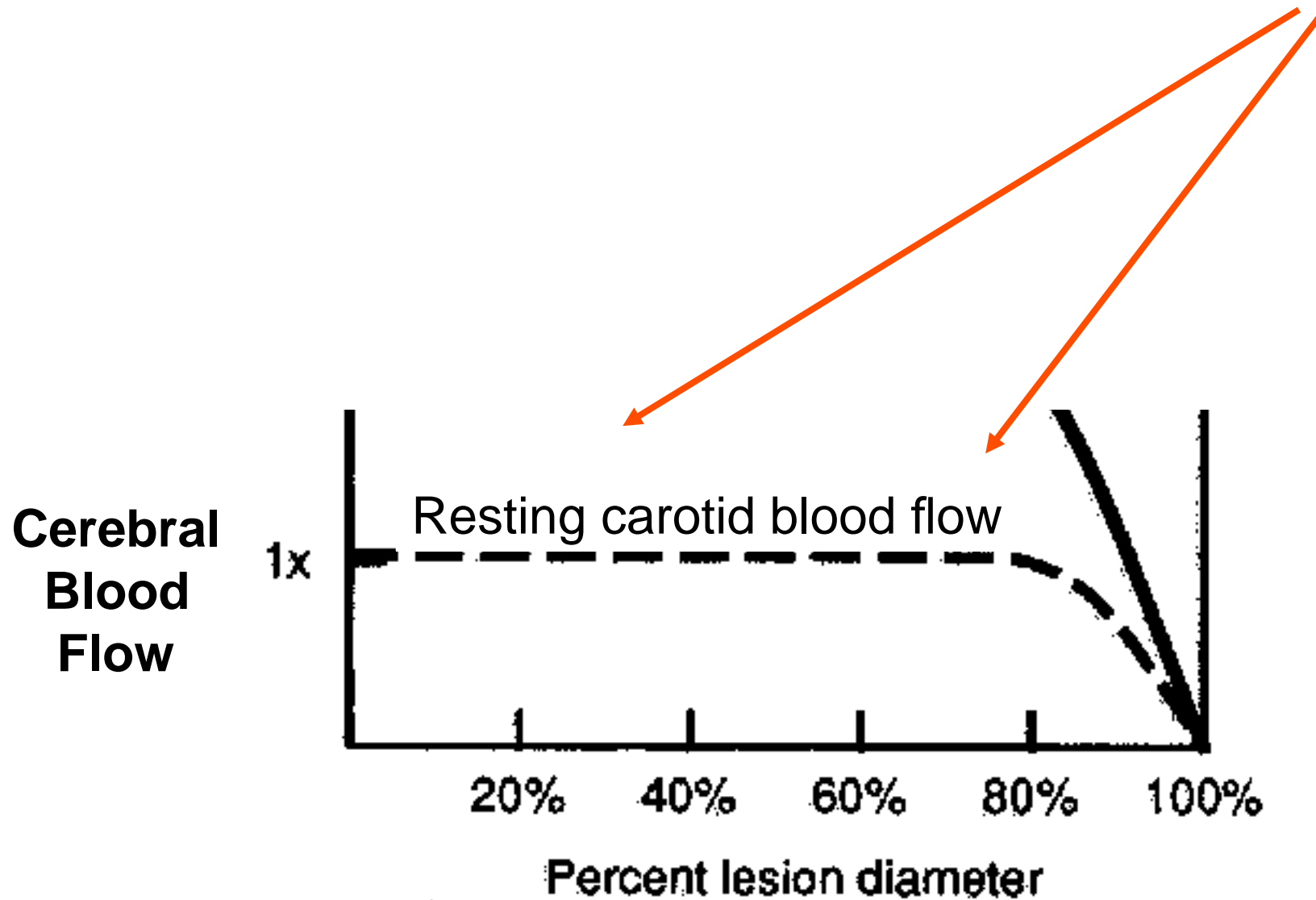
## Control of Cerebral Blood Flow

- Autoregulation assumed important
- CO<sub>2</sub> dominant control
- O<sub>2</sub> minimal effect normal to high O<sub>2</sub>
  - Failsafe vasodilation to marked hypoxia
- Cerebral Ischemic (Cushing ) Reflex
- Sympathetic alpha vasoconstriction possible
- Parasympathetic vasodilation possible

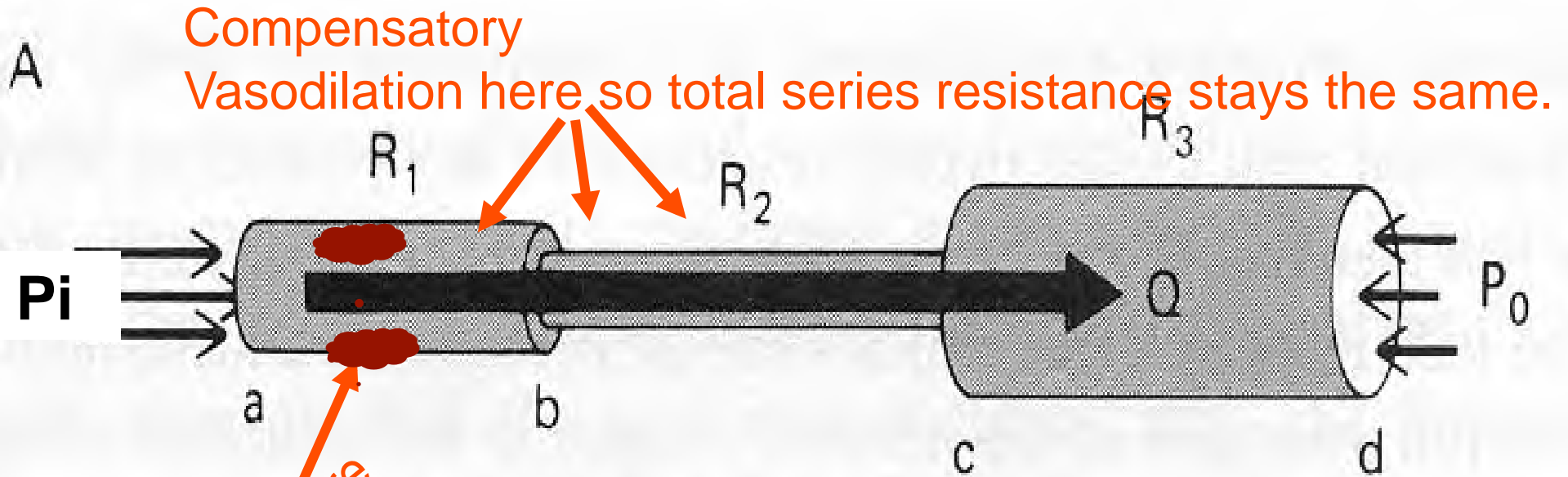
# Cerebral Ischemia

- blood flow to a tissue or organ that is inadequate to maintain function.
- i.e. stroke, transient ischemic attack
- Partially occluded carotid arteries 60 %?

# How can cerebral flow remain relatively constant with an 60% “lesion”??



# Series Resistance Network



60% Lesion here


$$R_s = R_1 + R_2 + R_3$$

$$\Delta P = P_i - P_0$$

$$\dot{Q} = \Delta P / R_s$$

**6.3 MH**

## Hypoxia Is Misunderstood

....Rather, hypoxia is often undetectable and human responses include “Behavioral changes, such as an exceptional feeling of well-being or belligerence...”. This was recognized early in aviation and mountaineering medicine. In fact, the United States Air Force, Army, and Navy have found it necessary to train aircrews, divers, and High Altitude/Low (parachute) Opening (HALO) operators in hypobaric chambers so they may recognize objective and subjective signs of impending unconsciousness as to avoid subsequent death while unconscious. This is done primarily because the signs and symptoms prior to unconsciousness are subtle, insidious and often imperceptible . Excerpted from a 1999 text used by the Royal Air Force in the United Kingdom in the characterization of human’s response to hypoxia,” The overt features of acute hypobaric hypoxia may be summarized as follows: Personality change, lack of insight, loss of judgment, loss of self-criticism, euphoria, loss of memory, mental incoordination, muscular incoordination, sensory loss, and cyanosis.” 

6. **Fisher P.** Chapter 2: High Altitude Respiratory Physiology: USAF Flight Surgeon's Guide, [http://wwwsam.brooks.af.mil/af/files/fsguide/HTML/Chapter\\_02.html](http://wwwsam.brooks.af.mil/af/files/fsguide/HTML/Chapter_02.html), 2006.

7. **Gradwell RHaD.** *Aviation Medicine*. Oxford: Butterworth Heinemann, 1999.

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