Author(s): Seetha Monrad, M.D., 2009

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A note on steroid side effects....

<table>
<thead>
<tr>
<th>Dermatologic and soft tissue</th>
<th>Skin thinning and purpura, easy bruising, Cushingoid appearance, alopecia, acne, hirsutism, striae, hypertrichosis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ocular</td>
<td>Posterior subcapsular cataract, elevated intraocular pressure/glaucoma, exophthalmos</td>
</tr>
<tr>
<td>Cardiovascular</td>
<td>Hypertension, dyslipidemia, premature atherosclerotic disease, arrhythmias with pulse infusions</td>
</tr>
<tr>
<td>Gastrointestinal</td>
<td>Gastritis, peptic ulcer disease, pancreatitis, steatohepatitis, visceral perforation</td>
</tr>
<tr>
<td>Renal</td>
<td>Hypokalemia, fluid volume shifts</td>
</tr>
<tr>
<td>Genitourinary and reproductive</td>
<td>Amenorrhea/infertility, intrauterine growth retardation</td>
</tr>
<tr>
<td>Bone/muscle</td>
<td>Osteoporosis, avascular necrosis, myopathy</td>
</tr>
<tr>
<td>Neuropsychiatric</td>
<td>Euphoria, dysphoria/depression, insomnia/akathisia, psychosis, pseudo tumor cerebri</td>
</tr>
<tr>
<td>Endocrine</td>
<td>Diabetes, HPA axis insufficiency</td>
</tr>
<tr>
<td>ID</td>
<td>Heightened risk of typical infections, opportunistic infections, herpes zoster</td>
</tr>
</tbody>
</table>
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Slide 3: Seetha Monrad
Slide 4: Source Undetermined