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M1 Renal: Folate Metabolism

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R. Lyons

Folate ("One-Carbon") Pathways

Click on any blue box to see details

(Start with the section with 'Diet' and follow the paths with red arrows)



Folic Acid is Synthesized By Bacteria



Dietary folate: folic acid (meats, green veggies) *requires* the intestinal enzyme 'Conjugase' for absorption.





Inhibitors of DHFR are important therapeutics: Methotrexate - chemotherapy Trimethoprim - inhibits bacterial DHFR Pyrimethamine - inhibits malarial DHFR







Methionine Cycle And Biological Methyl Groups













Other methyl acceptors: DNA ("CpG Islands") RNA





Folate Deficiencies: Symptom: megaloblastic anemia

Dietary deficiency:

Common especially in developing countries, lower socioeconomic classes

Folate deficiency secondary to bowel irritation:

- Conjugase is essential for adequate absorption of dietary folates
- Conjugase production may be compromised by bowel irritation:
 - 'Tropical Sprue' bowel irritation probably arising from bacterial origin, causes intestinal inflamation and malabsorption.

'Celiac Sprue' - similar outcome, but the original irritation is due to an allergic response, for example to gliaden (a component in gluten)

Folate Deficiency Secondary to B12 deficiency: the 'methyl trap' hypothesis





B12 is also critical in other reactions, ones for which the deficiency has serious neurological consequences.

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