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Mammal and Human Bite Injuries

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Mammal Bite Injuries Lecture Outline

- Non-bite injuries from animals
- Dog, cat, & rodent bites
- Human bites
- Rabies
- Tetanus

Relative Annual Death Rates (Worldwide)

- Suicides: 400,000
- Murders : 200,000
- Snakebites: 60,000
- Crocodiles: 1,000
- Farm animals: 800 (mostly from kick injuries)
- Tigers : 500 (?)
 - 1 million people eaten over last 5 centuries
- Lions : 400
- Leopards: 300
- Hippos: 300
- Elephants: 200

North American Large Wild Mammals Attack Risks

- Grizzly bears: 6 deaths in Yellowstone since 1900; 7 deaths in Glacier N.P. since 1907; maybe average of one death per year in Alaska
- Black bears : almost no reports of attacks
- Polar bears : very rare attacks
- Moose : some injuries but very rare deaths
- Jaguar, mountain lion: only one case each
- Bison: about one death per year
- Musk, ox, mountain sheep and goats: almost none
- Coyotes, wolves : almost none



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The Most Dangerous U.S. Big Game Mammals: Deer & Moose

- Kill over 100 people per year in car vs. animal collisions
- 1994 review of moose vs. car incidents in Maine :
 - 658 collisions
 - 70 % of vehicle occupants hospitalized
 - 17 % had cervical spine injuries
 - 9 % died



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Mammal Bites: Epidemiology

- > 50 million pet cats & dogs in U.S.
- > 1,000,000 bites / year in U.S.
- 200 to 800 bites / 100,000 people per year
- 80 to 90 % of bites due to dogs
- 1 to 2 % of bites need admission
- 10 to 12 deaths from dog bites per year
- Tremendous economic cost

Venomous Mammals (medical trivia)

- Only 3 known:
 - Short-tailed shrew (Blarina brevicauda) in northeastern U.S.
 - Secretes protein venom from maxillary glands
 - Injects venom with lower incisors
 - Venom causes edema, pain up to 2 weeks duration
 - No specific treatment
 - Male platypus (Ornithorhynchus anatinus) in Australia
 - Injects venom from hollow spur in hind leg
 - Causes pain, edema, lymphangitis
 - Spiny anteater (echidna) in Africa
 - Similar spur and venom
 - No reported human injuries

Mechanisms of Injury From Animals

- Horses
 - Bite frequently
 - Kick backward with both feet
- Cattle
 - Bite rarely
 - Kick forward with one foot
- Camels
 - Bite and kick
- Ostriches : kick & attempt to disembowel

Diseases Transmissable From Mammals to Humans (By Bite, Scratch, or Lick)

- Brucellosis
- Melioidosis
- Glanders
- Pasteurellosis
- Plague
- Yersiniosis
- Tularemia
- Rat-bite fever
- Tetanus
- Erysipeloid
- Staph Toxic Shock
- Tuberculosis

- Q fever
- Murine typhus
- Leptospirosis
- Simian herpes
- Foot and mouth disease
- Rabies
- Cat scratch disease
- Lymphocytic choriomeningitis
- Simian hepatitis
- Rio Bravo infection
- Sporotrichosis
- Blastomycosis

Mammal Bites By Species

New York City

• Dogs : 89 %

• Cats : 4.6 %

Rodents: 2.2 %

Humans: 3.6 %!

Ohio

• Dogs : 91.6 %

• Cats : 4.5 %

Rodents: 3 %

Humans: 0.03 %

Average Infection Rates From Mammal Bites

Dogs:	2 to 5 %
Cats:	30 to 50 %
Rats:	2 to 10 %
Monkeys:	25 %
Humans:	13 to 50 %*

^{*}Higher rates reported mainly from delayed presentations

Mammal Bites: Etiologic Agents for Wound Infections

- Dogs
 - Staph. aureus : 10 to 30 %
 - Strep species: 30 to 50 %
 - Pasteurella multocida: 0 to 30 %
 - Corynebacterium species: 10 to 30 %
- Cats
 - Pasteurella multocida: 60 to 80 %
- Rodents
 - Strep species: 30 to 70 %

Mammal Bites: Increased Infection Risk Factors

- Age < 2 or > 50 years
- Diabetes
- Immunosuppressive illness
- Chronic alcoholism
- Puncture wounds
- Large wounds
- Extremities
- Delayed (> 4 to 24 hrs.) presentation

Mammal Bites: Use of Wound Cultures

- Initial (fresh) animal bite wound cultures :
 - Not recommended
 - Initial culture results do not correlate with later proven infecting organisms
 - However if the patient presents delayed, with signs of infection, then wound cultures are useful

Dog Bite Infections

- Overall infection rates are 2 to 5 % (however up to 20 % of hand bites)
- fortuitum80 % of these infections are aerobes :
 - Pasteurella multocida (zero to 1/3)
 - Staph. aureus
 - Strep
 - Corynebacterium
- Uncommon:
 - Fungi
 - Clostridia
 - Rabies
 - Mycobacteria

Incidence of Dog Bites (By Breed)

Decreasing	German Shepherd : most common
Incidence	Pit Bull : most fatal bites
	Mixed Breeds
	Doberman
	St. Bernard
	Great Dane
	Rotweiler
	Collie

Fatal Dog Bites

- Injuries concentrated about head and neck (injuries only on limbs in most non-fatal bites)
- Fatal attacks cannot be predicted from the dog's prior behavior
- Most offending dogs revert to normal friendly behavior after the attack
- Therefore infants and disabled should never be left alone with a large dog

Considerations About Radiographs for Dog Bite Cases

- Large dogs can generate forces > 500 footpounds per square inch with their jaws
 - Therefore can cause extremity long bone fractures
- Also can cause dural penetration from scalp bites in small children (this can lead to fatal meningitis if missed in the E.D.)
 - So skull films may be needed to see if there is inner table penetration from teeth

Cat Bite Infections

- 30 to 50 % become infected
- These infection rates can still occur despite appropriate initial wound care
- Claw scratches also have high infection rates if not quickly cleansed (due to cat licking paws often)

Cat Bite Wounds Complications

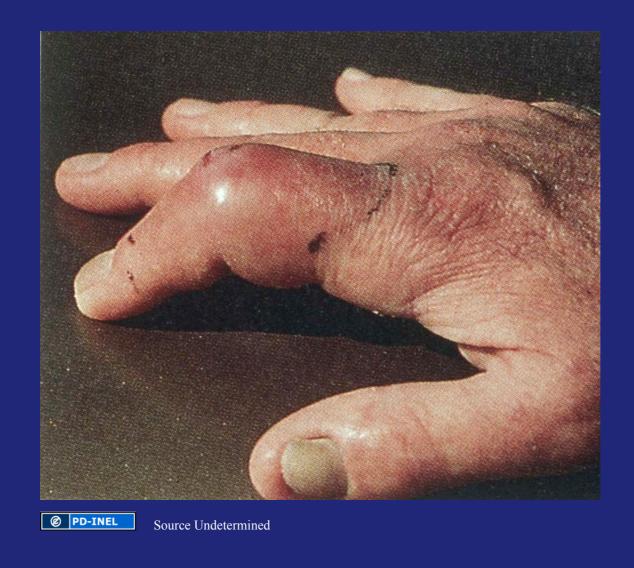
- Wound cellulitis
- Septic arthritis
- Septic tendonitis
- Meningitis
- Disseminated pasteurellosis
- Tetanus
- Rabies
- Cat Scratch Fever
- Cosmetic defects, scarring

Pasteurella multocida

- Culturable in 75 % of cats (including large cats such as lions & tigers)
- Causes 3 types of disease :
 - Local soft tissue infection
 - Pneumonia / pulmonary abscess in immunocompromised patient : rare
 - Disseminated pasteurellosis: in patient with liver disease

Complications of Pasteurella Infection (in 40 %)

- Local septic arthritis
- Osteomyelitis
- Tenosynovitis
- Bacteremia



Cat-bite wound infection of second proximal interphalangeal joint due to *Pasteurella multocida*. Failure of cephalexin therapy resulted in septic arthritis.



Dog bite wound infected due to *Pasteurella multocida* and anaerobic bacteria.

Hershey 1994 Study of Cat Bite Cases Seen in the E.D.

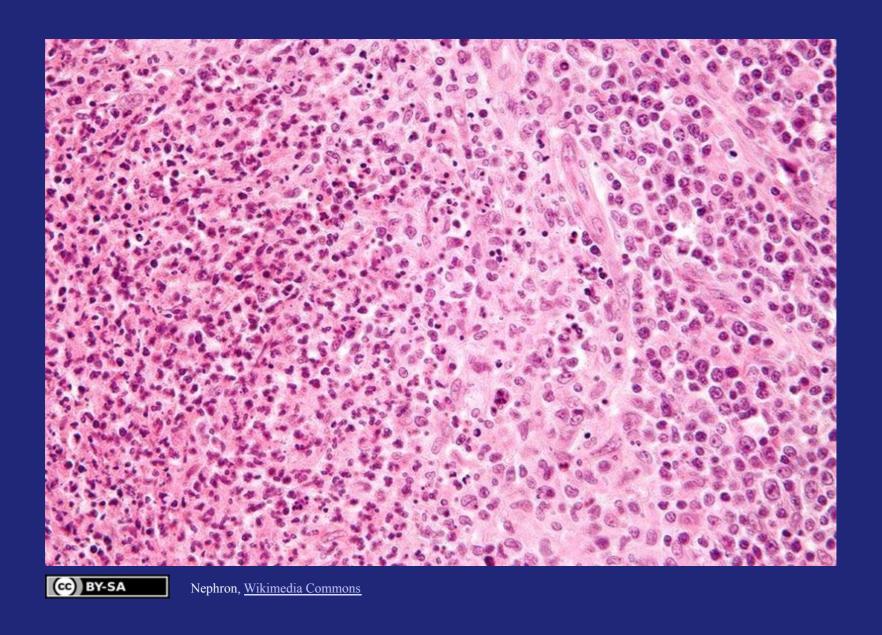
- 30 cases
- 40 % developed cellulitis
- 14 % required hospital admission
- Majority of wounds were on upper extremities
- Only empiric Rx failures were in cases treated with Augmentin (amoxicillinclavulanate)

Cat Scratch Fever

- Caused by bite or scratch
- Due to pleomorphic bacterium : Bartonella henselae
 - Does not take up gram stain well (best seen with silver stains)
- Usually benign and self-limited illness
- Same bacteria associated with bacillary angiomatosis in immunocompromised patients
- Encephalitis can occur in 1 to 7 % of cases

Cat Scratch Fever: Syndrome Progression

- Local lymphodenopathy next to bite or scratch site
- Red papule leads to pustule at bite or scratch site: heals in 1 to 4 weeks
- Regional lymphodenopathy / malaise / fever up to 3 months
- Rare progression to pneumonia or encephalitis or endocarditis
- Can be part of differential of FUO



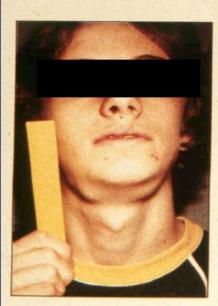
High magnification micrograph of Cat Scratch Disease.



Four primary skin papules on the knee of a 10-year-old child, developing within a cat scratch sustained 10 days earlier



A 4-year-old boy demonstrating a left cheek papule (present 8 weeks), left neck adenopathy (present a month), and a positive CSD skin test



A 14-year-old with healing primary chin papules (present 3 weeks) and tender, bilateral submandibular buboes (present 2 weeks)



Papular, petechial rash of 8 days' duration on the extremities of a 9-year-old patient with catscratch encephalitis



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Source Undetermined



PD-INEL Source Undetermined

Fundoscopic view of patient with choreoretinitis from Cat Scratch Disease (vision returned in 3 months)

Cat Scratch Fever Treatment

- Prior reports indicated that usual antibiotics were ineffective
- Two reports indicated success in hospitalized patients with gentamicin
- One recent small case number report found good response to oral ciprofloxacin

Rat Bite Infections

- Rat bite fever (classic)
 - Due to Streptobacillus moniliformis
 - Rash: may involve palms & soles, high fever, polyarthritis
- Sodoku (spirillary rat bite fever)
 - Due to Spirillum minus (a spirochete)
 - Regional lymphodenopathy, rash, fever
- Either type could be cause of FUO (fever of unknown origin)

Rat Bite Fever: Treatment

- PCN 500 mg QID x 7 days or Erythromycin or Tetracycline (same dose)
- Usually PO antibiotics are sufficient (occasionally relative PCN resistance is encountered)

Mammal Bites: Rules for Prophylactic Antibiotics

- Yes for all bites of the hands
- Yes for all human bites with significant skin penetration
- Yes for almost all cat bites
- Yes if any question of bite fascial penetration
- Probably <u>not</u> needed for simple, smaller dog or rodent bites, especially of the face or scalp

Prophylactic Antibiotic Choices for Mammal Bites

- Dogs: need to cover for Staph. aureus
 - Dicloxacillin or cephalexin 500 mg PO qid x 7 days
 - Erythromycin or azithromycin if patient PCN allergic
- Cats: need to cover Pasteurella multocida
 - Penicillin V potassium 500 mg PO qid x 7 days
 - Ciprofloxacin or azithromycin if PCN allergic (Rx failures reported for tetracycline, erythromycin, & cephalosporins)
 - Ciprofloxacin 500 mg PO qid x 7 days for cat scratch fever
- Rodents: Penicillin V potassium 500 mg PO qid x 7 days
- Note: Amoxicillin / clavulanate often touted as antibiotic of choice for bites but no good controlled study yet done to demonstrate this (is expensive & has high % side effects)

Mammal Bite: Wound Closure Rules

- Never suture human bites of the hands
- Never suture cat bites of the hands
- Never suture deep cat bite puncture wounds
- Seldom suture dog bites of the hands
- Usually OK to suture bites of the face or scalp
- Usually OK to suture rodent bites



Dog bite lacerations of the face



Same patient after primary suture repair



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Mammal Bites Criteria for Hospital Admission

- Admit to hospital if:
 - Patient presents with deep established infection
 - Possible penetration of joint capsule
 - Surgical (Operating Room) repair required
 - Associated fracture present



Dog bite of the neck that caused intimal disruption of the vertebral artery.



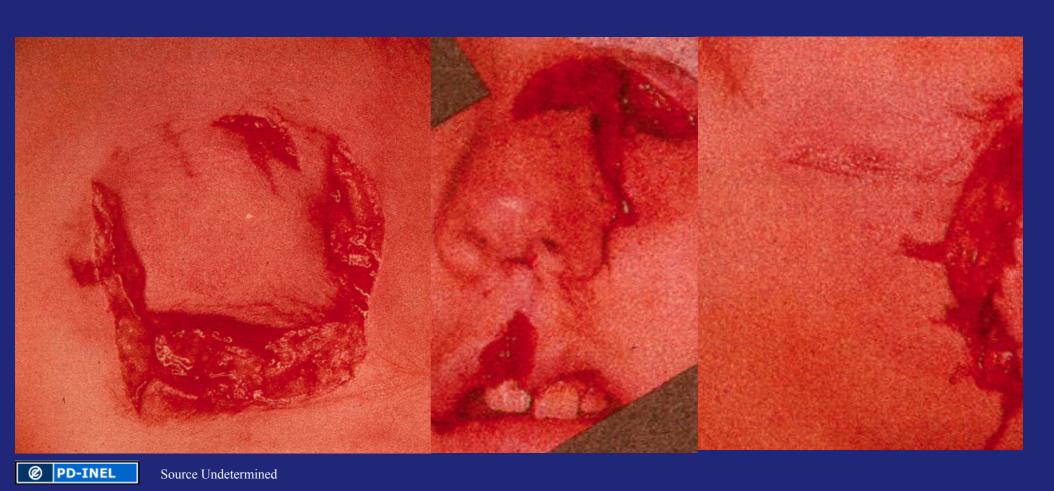
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All these should have primary suture repair





Facial lacerations from dog bite before and after repair

Infections Transmitted By Human Bites

- Streptococci : 50 %
- Staph. aureus : 38 %
- Eikenella corrodens: 29 %
- Actinomycosis
- Syphillis
- Tuberculosis
- Hepatitis B
- ? AIDS (no cases proven yet)

Human Bite Wounds: Treatment Sequence

- Culture the wound (+ anerobes)
- Wound cleansing / opening
- Debridement / irrigation
- PO or IV cephalosporin for 5 to 7 days
- Add gentamicin if Eikenella corrodens is cultured
- Splint / elevation of limb
- Change bandage at least daily

Human Bite Wounds: Treatment Based on Anatomic Site

- Hickeys (skin abrasion only): cleansing, consider tetanus immunization, apply topical antibiotic creme
- Face: irrigate, consider tetanus, OK to suture, give PO antibiotic
- Trunk or breast: same as face (some may need delayed closure)
- Hand: do not suture; often need admission; If discharged, F/U in 24 hours

Human Bite Wounds of the Hand: Indications for Admission

- Presentation > 24 hours from injury
- Any degree of infection beyond local wound cellulitis
- Lymphangitis or any purulent drainage
- Pain on passive ROM of fingers
- Questionable tendon or joint space involvement
- Immunocompromised
- Unable to follow outpatient instructions

Human Bite Wounds: Closed-fist Injuries

- Get X-rays of hand; look for:
 - Foreign bodies (tooth chips)
 - Fractures (boxer's fracture common)
 - Air in joint or tendon space
 - Defects in subchondral bone plate
- Irrigate
- IV antibiotics (best choice debatable)
 - PCN + cephalosporin
 - ? gentamicin, ? ceftriaxone
- Splint



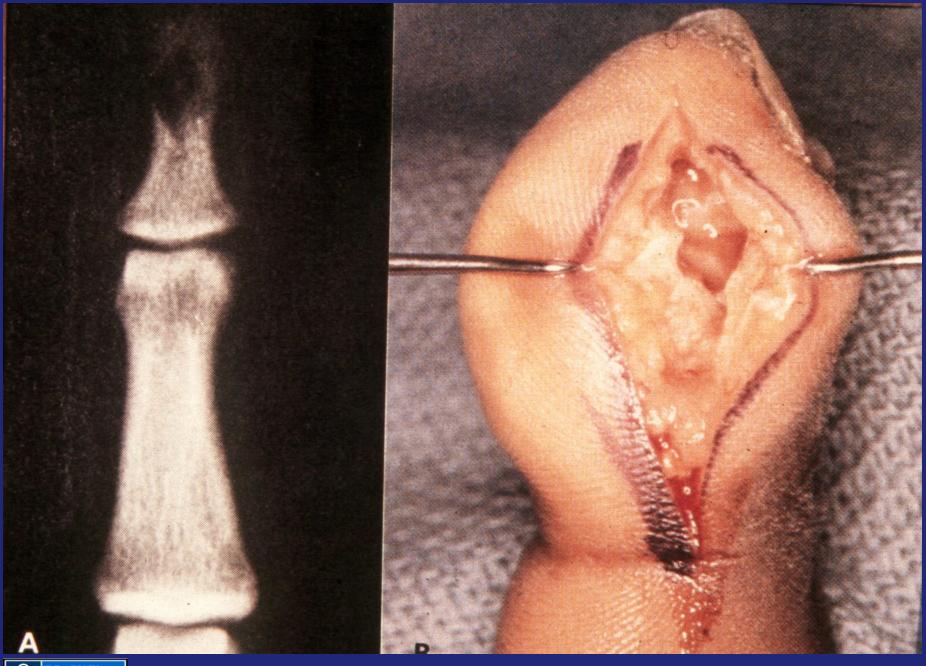
These are all indications for surgical exploration



Human bite wound with early cellulitis

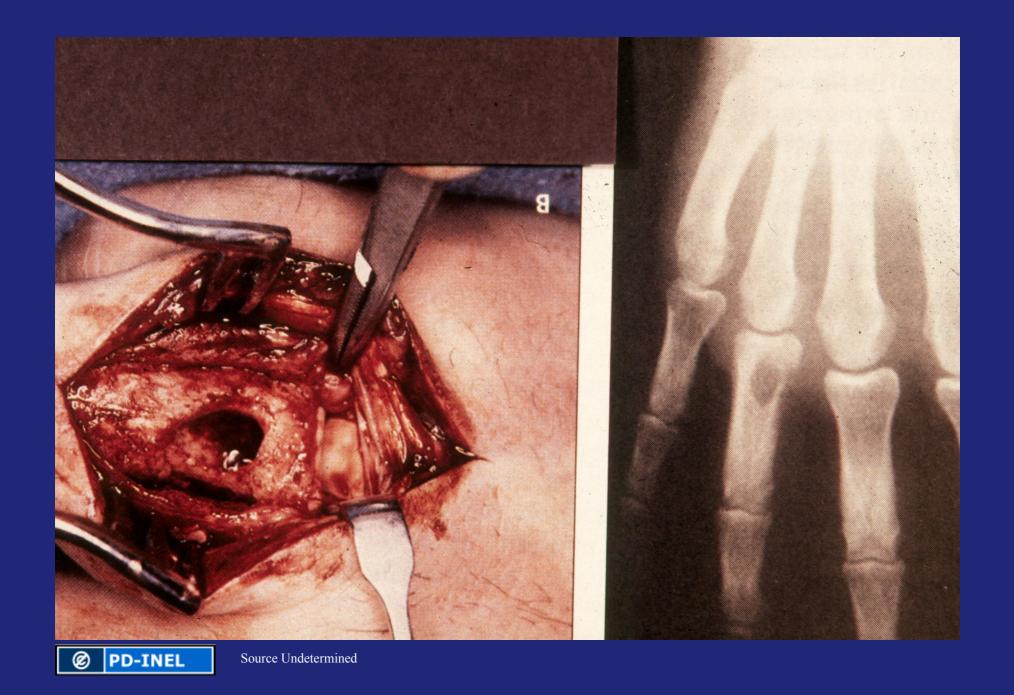


Septic arthritis from human bite resulting in digit amputation



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Source Undetermined



59



Typical "occult" human tooth bite mark over metacarpal head; note early edema and cellulitis



Mixed bacterial infection from human bite, 6 hours after time of injury



Unfortunate outcome for the same patient on the prior slide

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Source undetermined

Cost Comparisons of Some Rx Items for Animal Bites (Pennsylvania, 2005)

Penicillin VK 500 mg PO qid for 7 days : \$4.20

Dicloxacillin 500 mg PO qid for 7 days : \$ 11.76

Cefalexin 500 mg PO qid for 7 days : \$ 6.44

Augmentin 500 mg PO tid for 7 days : \$40.32

• Cefazolin 1 gram IV : \$ 0.89

• Nafcillin 1 gram IV: \$ 5.83

Ceftriaxone 1 gram IV : \$32.21

5 cc. Rabies Immune Globulin IM: \$302.85

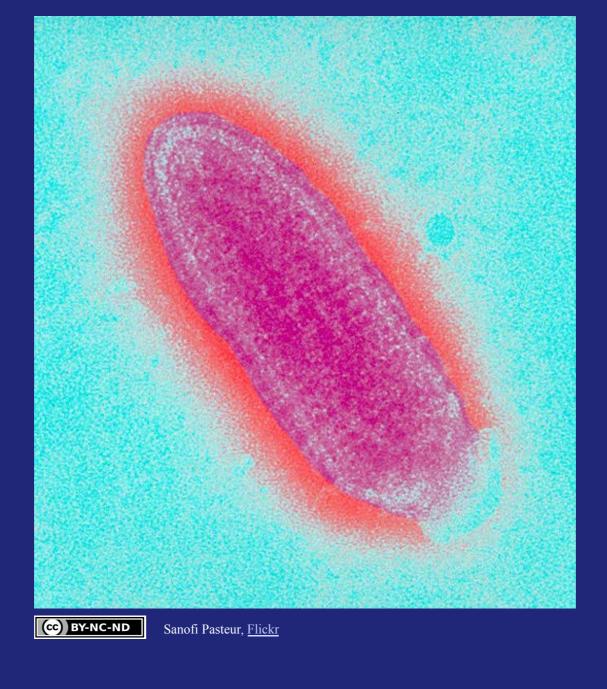
• 5 one cc. doses HDCV: \$ 517.80

Wound culture / sensitivity : \$66.00

Note: the IV costs listed do not include the nursing administration fees 63

Rabies

- Caused by an RNA rhabdovirus
- Transmitted by inoculation of infectious saliva
- Rarely can be transmitted by inhalation (from bats in caves)
- Causes a severe, uniformly fatal encephalitis
 - Only 4 documented survivors worldwide so far



Electron micrograph of the rabies virus, demonstrating the bullet shape and capsular spikes.



Dog with rabies. There is a ferocious appearance, excess salivation and anisocoria.

Rabies Prophylaxis for Mammal Bite Wounds

- Pennsylvania currently has second highest state rate in U.S. of wild animal rabies
- Raccoon based epidemic in eastern U.S. since late 1970's
- State Public Health Laboratories will do exams of sacrificed animals for rabies
- HDCV is current agent of choice (replaces DEV)
- Followup antibody titer after completion of series no longer recommended

Rabies Incidence in U.S.A.

- 4,000 proven domestic animals / year
 - Predominately dogs, cats, cattle
- 15,000 proven wild animals / year
 - Represents sampling by state labs so true incidence is much higher
- Average 1 U.S. human death / year (about 800 worldwide human deaths reported per year)

Rabies: Clinical Progression

- Bite
- Incubation period : weeks to months (no symptoms) ; shorter for head or neck bites
- Prodromal phase : 2 days to 2 weeks
- Neurologic symptoms : one week or more
- Paralytic phase : several weeks to months

Rabies: Symptom Progression

- Prodrome phase : fever, malaise, headache, sore throat
- Neurologic phase: paresthesias at bite site, anxiety, restlessness, insomnia, dysphagia, hydrophobia (from fear of painful esophageal spasms), spasms, seizures
- Flaccid paralysis: leads to coma
- Cardiovascular collapse
- Supportive treatment uniformly ineffective to date

Risk of Rabies Transmission from Animal Bite

High Risk

Bats

Raccoons

Foxes

Coyotes / bobcats

Other carnivores

Intermediate Risk

"Outdoor" cats and dogs

Cattle in Midwest

USA

Low Risk

Rodents

Lagomorphs

(hares & rabbits)

Farm animals

Indoor cats and

dogs

Protocol for Starting Rabies Prophylaxis

- High risk bite & animal escapes : give prophylaxis
- High risk bite & animal captured : send animal's head to State Health Lab for path exam ; treat only if lab confirms rabid animal (brain sections show Negri bodies)
- Low risk animal & animal escapes : consider prophylaxis only if bite clearly unprovoked
- Low risk animal & animal captured: keep animal under reliable observation one week; if animal gets sick: immediate check by veterinarian or State Health Lab; if animal remains well 7 days: no Rx needed

Mammal Bites: Rabies Prophylaxis Summary

- If animal cannot be recovered :
 - Dog / Cat / Cattle : yes
 - Foxes / Skunks / Raccoons : yes
 - Bats / Bears : yes
 - Rodents / Rabbits : no
 - (? if unprovoked squirrel; due to one case report of rabid squirrel)
 - Deer / Elk / Moose : no

Rabies Prophylaxis

- Post-exposure :
 - HDCV 1.0 ml IM on days 0, 3, 7, 14, 28
 - Plus RIG 20 IU / kg IM on day 0
- Pre-exposure :
 - HDCV 1.0 ml IM on days 0, 7, 21
 - This is utilized for forest rangers, veterinarians, & others who have higher risk of encountering rabies
 - Still requires booster dose after each exposure

Countries Without Animal Rabies

- Pacific Islands
- Caribbean Islands
- United Kingdom
- Iceland
- Singapore
- Australia

- Portugal
- Spain
- Sweden
- Japan
- Taiwan

Tetanus: Etiology

- Clostridium tetani (gram positive bacillus) spores enter wound, replicate, and produce toxins; anerobic environment required
- Causative toxins
 - Tetanospasmin : causes tetanus
 - Tetanolysin: reduces tissue redux potential; promotes bacterial replication



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Micrograph of Clostridium tetani

Mechanism of Action of Toxicity from Clostridium tetani

- Bacteria release tetanospasmin toxin
- Tetanospasmin then :
 - Travels via lymphatics and retrograde up neuronal axons
 - Blocks inhibitory neurotransmitter release (glycine, GABA)
- Results in hyperactivity (disinhibition) of motor neurons

Autonomic Nervous System Effects of Tetanus

- Disinhibition of sympathetic nervous system results in elevated catechol secretion by the adrenals, causing:
 - High blood pressure / hypertensive crisis
 - Tachycardia
 - Fever

Tetanus: Epidemiology

- 90 U.S. cases reported / year; case incidence
 0.04 / 100,000 per year
- ? 1,000,000 deaths / year world-wide; 90 % due to neonatal tetanus (often due to soil contamination of umbilical stump)

Classification of Tetanus

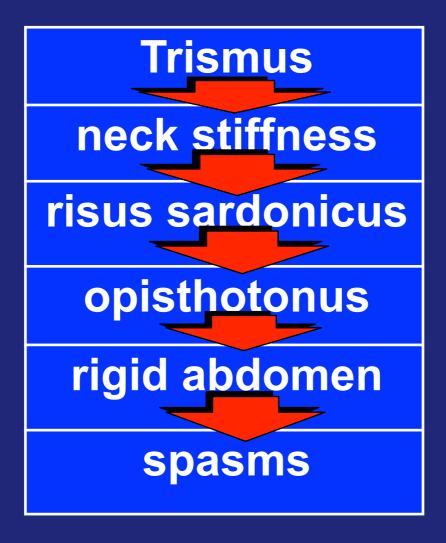
- Generalized : most common type
- Localized
- Cephalic
- Neonatal

(These may progress to generalized)

Tetanus: Clinical Course

- Incubation period = time from inoculation to appearance of first symptoms
- Period of onset = from first symptom to time of first reflex spasm

Progression of Symptoms in Generalized Tetanus



Tetanus: Differential Diagnosis

- Oral or Dental or Temporomandibular joint pathology
- Acute dystonic reaction
- Strychnine ingestion
- Stiff-man syndrome
- Rabies
- Black widow spider bites
- Hypocalcemic tetany
- Meningoencephalitis or CNS metastases
- Trichinosis
- Hepatic encephalopathy
- Cocaine abuse

Causes of Tetanus in 239 Patients from One Review

Etiologic factor	Number of patients	
Neonatal tetanus	3 (1.1%)	
Acute injury	166 (69.5%)	
Puncture	85	
Laceration	81	
Circumstances - Indoor activity	68	
Gardening related activity	65	
Animal related	7	
Major trauma	7	
Other	19	
Other identified condition	53 (22.2%)	
Chronic wound, abscess, etc.	48	
Parenteral drug use	5	
No apparent source	17 (7.2%)	
	85	

Reported Cases of Tetanus in the U.S. Armed Forces

U.S. Armed Forces			
Unit	Period	No. of cases	
Army	1956 to 1977	0	
Navy / Marine Corps	1946 to 1977	1*	
Air Force	1958 to 1977	2	

 *The case of tetanus in the Navy occurred in an individual who was circumcised several days before enlisting and who then developed tetanus despite post-enlistment immunization

Classification of the Severity of Tetanus

Severity	Incubation period (d)	Period of Onset (d)	Associated findings
Mild	10 or more	4 to 7	Local rigidity, mild trismus
Moderate	7 to 10	3 to 6	Severe trismus dysphagia, spasms
Severe	Less than 7	Less than 3	Severe spasms, diffuse rigidity, autonomic dysfunction

("d" = "days")

Tetanus Mortality

- 1982 to 1984 overall mortality 26 %
- All patients < 30 years old survived
- 52 % of patients > 60 years old died
- Some reports : > 90 % mortality for neonatal tetanus

Diagnostic Confirmation of Tetanus

- A measurable titer of anti-tetanus antibody excludes the diagnosis
- This test seldom would be available acutely however
- Prior episode of tetanus does not confer immunity (toxin dose too low to stimulate antibodies)
- Diagnosis cannot be excluded just because no wound present

Tetanus: Treatment

- Admit to ICU
- Limit exams & consults on patient (they trigger spasms)
- Intubation & mechanical ventilation
- High-dose benzodiazepines
 - Diazepam : up to 500 mg/day may be needed (IV)
 - Lorazepam : up to 80 mg/day in 2 mg IV increments
- Methocarbamol 3 to 4 g IV q6h if unable to take benzodiazepines, or Dantrolene 1 to 2 mg/kg q 4h as an adjunctive agent
- Pancuronium (paralysis): may be necessary to control severe spasms and prevent fracture (2 mg IV increments)

Tetanus : Additional Treatment Measures

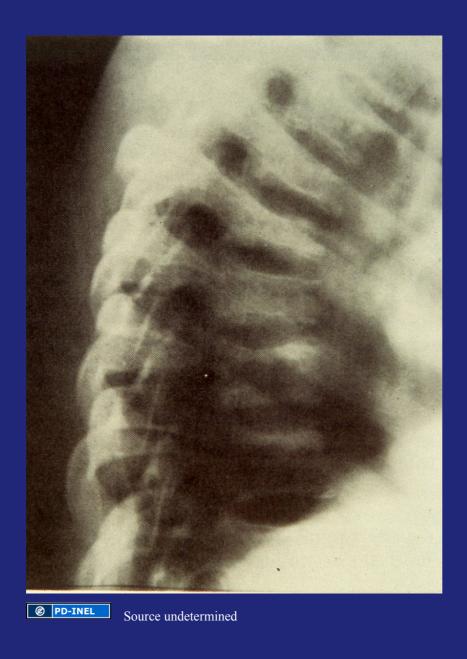
- Human tetanus immune globulin (binds unbound toxin)
 500 to 5000 units IM
- Labetolol: 0.25 to 1.0 mg / min. constant infusion or morphine 0.5 to 1.0 mg / kg / 6 h IV
- Temporary cardiac pacing for bradyarrhythmias
- "Prophylactic" SQ heparin 5000 units q 12 h
- Metronidazole 500 mg IV q 6 h
- Wound debridement
- Enteral hyperalimentation
- Supportive psychotherapy
- Active immunization at follow-up (3 doses of toxoid)

Complications of Tetanus

- Rhabdomyolysis: leads to renal failure
- Respiratory failure
- Negative nitrogen balance
- Fractures, tendon separations
- Ectopic calcification
- Autonomic instability (like "pheochromocytoma crisis")



A child suffering from tetanus in opisthotonos



Compression fractures of upper mid-thoracic vertebral bodies in a case of tetanus.

94

Routine Diphtheria, Tetanus, and Pertussis Immunization Schedule Summary for Children

Age / Interval	Product
6 weeks or older	DTP
4 to 8 weeks after first dose	DTP
4 to 8 weeks after second dose	DTP
6 to12 months after third dose	DTP
4 to 6 years old, before entering elementary school (not necessary if 4th primary immunizing dose administered on or after 4th birthday)	DTP
Every 10 years after last dose	Td
	6 weeks or older 4 to 8 weeks after first dose 4 to 8 weeks after second dose 6 to 12 months after third dose 4 to 6 years old, before entering elementary school (not necessary if 4th primary immunizing dose administered on or after 4th birthday)

Considerations for Use of Tetanus Immune Globulin (Hypertet)

- Immunodeficient patient: Check serum antitetanus antibody levels and give passive immunization (Hypertet 250 u IM) for any wound if patient is antibody deficient and cannot mount antibody response to Td
- Also give Hypertet 250 u IM to any patient with a highly tetanus prone wound who has lapsed immunity (> 10 years since last Td immunization)

Tetanus - Prone Wounds

- Deep punctures
- Large, deep lacerations
- Imbedded foreign body
- Stool or soil contamination
- Delayed presentation
- Deep burns

Tetanus Immunization General Guidelines

- Standard dose is 0.5 cc for both dT and TT (tetanus toxoid without diptheria booster)
- Good general rule for most wound cases is to administer it if > 5 years since last dose (even for minimal skin injuries)
- Also give TIG (Hypertet) if :
 - Patient never immunized
 - Immunosuppressed
 - Allergic or severe local reaction to toxoid
 - Highly tetanus prone wound & > 10 years since last dose

Mammal and Human Bites Lecture Summary

- Consider need for radiographs
- Always perform careful wound cleansing & irrigation
- Decide if antibiotics & suture closure are indicated
- Assess for risk of rabies & tetanus
- Assure close followup