

Author(s): Nan Barbas, Laura Rice-Oeschger, Cassie Starbuck

License: Unless otherwise noted, this material is made available under the terms of the **Creative Commons Attribution–Non-commercial–Share Alike 3.0 License**:
<http://creativecommons.org/licenses/by-nc-sa/3.0/>

We have reviewed this material in accordance with U.S. Copyright Law **and have tried to maximize your ability to use, share, and adapt it.** The citation key on the following slide provides information about how you may share and adapt this material.

Copyright holders of content included in this material should contact open.michigan@umich.edu with any questions, corrections, or clarification regarding the use of content.

For more information about **how to cite** these materials visit <http://open.umich.edu/education/about/terms-of-use>.

Any **medical information** in this material is intended to inform and educate and is **not a tool for self-diagnosis** or a replacement for medical evaluation, advice, diagnosis or treatment by a healthcare professional. Please speak to your physician if you have questions about your medical condition.

Viewer discretion is advised: Some medical content is graphic and may not be suitable for all viewers.

A Word about the U-M Supporting Programs

The **Cognitive Disorders Program** is a clinic within the Neurology Department at the University of Michigan Health System. Our group of neurologists, nurse practitioners, social workers, and neuropsychologists provides comprehensive, multi-disciplinary care to patients with cognitive impairment throughout their illness. We provide educational training to Residents in neurology, internal medicine, and psychiatry and to Fellows in geriatric medicine. We are located at the East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor, MI 48109.

For more information, please call (734) 764-6831, or visit www.uofmhealth.org/medical-services/dementia-and-alzheimers

Established at the University of Michigan Health System and based in the Department of Neurology, the **Michigan Alzheimer's Disease Center** (MADC) aims to: a) conduct and support research on Alzheimer's disease and related disorders; b) promote state-of-the-art care for individuals experiencing memory loss or dementia; and c) enhance dementia awareness through collaborative education and outreach efforts. We are located at 2101 Commonwealth Blvd., Suite D., Ann Arbor, MI 48105. *To learn more about MADC related activities, please call (734) 936-8764 or visit www.med.umich.edu/alzheimers*

The **Silver Club Programs** are part of the Geriatrics Center's Social Work and Community Programs at the University of Michigan Health System. The Silver Club Programs, including **Coffeehouse**, **Mind Works**, **Elderberry Club**, **Wisdom Keepers** and the **Silver Club Enrichment Day Program** provide a safe, nurturing environment for older adults with mild to moderate memory loss. These programs are held at the Turner Senior Resource Center (TSRC). *To learn more about the Silver Club Programs offered at TSRC, please call 734-998-9352 or visit www.med.umich.edu/geriatrics/community/silverclub.htm*

Online Resources

Alzheimer's Association:
www.alz.org

Alzheimer's Disease Education and Referral Center:
www.nia.nih.gov/alzheimers

American Stroke Association:
www.strokeassociation.org

Family Caregiver Alliance:
www.caregiver.org

Lewy Body Dementia Association, Inc.:
www.lbda.org

National Parkinson Foundation:
www.parkinson.org

The Association for Frontotemporal Degeneration:
www.theaftd.org

Support Future Projects

This book was made possible by the generous donations from the **Michigan Alzheimer's Disease Center (MADC)** supporters. For information on supporting the MADC, **please call (734) 647-4178 or visit neurogiving@umich.edu**

Additional copies of this publication may be purchased from the MADC.
Please call (734) 936-8764 or email cassiem@umich.edu

Proceeds from the sale of this book will be directed to future projects undertaken to support patients and families with memory loss.

THE EDITORS

Nan Barbas, MD, MSW, is the Director of the Cognitive Disorders Program, Department of Neurology, at the University of Michigan Health System.

Laura Rice-Oeschger, MA, LMSW, is the Wellness Coordinator at the Michigan Alzheimer's Disease Center and a consultant and facilitator at the U-M Silver Club Memory Loss Programs, a division of the U-M Geriatrics Center.

Cassie Starback, LMSW, is the Administrator for the Michigan Alzheimer's Disease Center, Department of Neurology, at the University of Michigan Health System.