



LAURYN

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Dear Lauryn,

Thank you for acknowledging all of your feelings about your Cancer....even anger.

You shared that you are finding support in your family, friends as well as hospital staff. May that support hold and carry you...always.

Thank you for talking about food. Eating patterns can change during Cancer.

Because you shared your thoughts about it, another person going through the same thing will feel understood.

Thank you for sharing the strength you find in your faith and in the power of positive thinking.

Those are supports that someone reading this might be needing.

Because of you and your words on this page, someone else will feel the power generated when experiences, strength and hope are shared.

Surrounding you in hope,  
Jenni

### Lauryn's Sand Tray: Food and Praying

I put the junk food because sometimes when you have Cancer, you have to eat healthier. That made me mad that I couldn't have a lot of junk food and I missed it.

The food is also there because when you just get out of surgery, you can't eat a lot because it will irritate your stomach. Sometimes you can eat a little ice cream.

I put the trick or treating bag because when I had Cancer I got to go trick or treating but I couldn't eat all of the candy because I didn't know if it had germs. I still got to eat some of the candy. My favorite was the fruity kind.

The bed, angels and trust rock all go together. I laid in bed and prayed that the tumors would go away. I prayed that they wouldn't spread and they didn't. You always have to be positive.

By: Lauryn

STORIES FROM THE SANDBOX



Lauryn's Sand Tray: Food and Praying