2.1 Gestational Hypertension - Introduction (5 min)

Welcome at Learning Unit 2, about gestational hypertension or pregnancy-induced hypertension (PIH). The core activity of this learning unit is the development of a management plan for gestational hypertension.

Learning objectives

After this Learning Unit, you will be able to:

• Define mild and severe gestational hypertension
• Differentiate gestational hypertension from preeclampsia and chronic hypertension
• Access and utilize appropriate information systems and resources on hypertensive disorders in pregnancy
• Explain consequences of gestational hypertension to perinatal outcome and risk of progression to preeclampsia
• Describe and explain the antepartum, intrapartum and postpartum management of mild and severe gestational hypertension, including:
  • Assessment of maternal condition
  • Assessment of fetal condition
  • Delivery considerations, including timing and mode of delivery
  • Medication considerations, including antihypertensive drugs, analgesics and uterotonic
• Counsel patients on the risk for recurrence in future pregnancy and long term health consequences

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