3.1 Preeclampsia - Introduction (5 min)

In Learning Unit 3 we will look into the topic 'Preeclampsia'.

Learning objectives

When you have completed Learning Unit 3, you will be able to:

- Define mild and severe preeclampsia
- Understand the pathophysiology of preeclampsia
- Identify patients at risk of preeclampsia and discuss prevention strategies
- Recognize and explain possible maternal consequences of preeclampsia
- Explain and discuss the management of preeclampsia. Including:
  - Assessment of maternal condition
  - Assessment of fetal condition
  - Delivery considerations, including timing and mode of delivery
  - Medication considerations, including antihypertensive drugs, analgesics, MgSO4, drug availability and preparing and mixing drugs
- Discuss delivery considerations in preeclampsia
- Discuss research to come to evidence based medicine guidelines for low- and middle income country setting
- Counsel patients on the risk for recurrence in future pregnancy and long term health consequences