

### Anticipated Death on the Newborn Unit: Case 1 Learning Objectives

	Trigger Question(s)	Learning objectives
1. Anticipating the end	“The dad looks very agitated and nervous...what should we do?”	<ol style="list-style-type: none"> <li>1. Identify the sources of distress in the family and the support staff</li> <li>2. Learn questions and answers to the common sources of distress in those caring for a dying baby.</li> </ol>
2. Pain, discomfort, dyspnea	“The baby looks uncomfortable”	<ol style="list-style-type: none"> <li>3. Assess dyspnea and pain</li> <li>4. Know doses and routes of at least one opioid</li> <li>5. Learn phrases that can reassure the family that using an opioid is safe and appropriate.</li> </ol>
3. I’s & O’s of dying	“What if he doesn’t want to drink?”	<ol style="list-style-type: none"> <li>6. Understand and explain the benefits vs. burdens of artificial hydration/nutrition.</li> <li>7. Learn one intervention for decreasing bothersome secretions.</li> </ol>
4. Seizures, agitation, myoclonus		
5. Before the last breaths	“What should we be ready for?”	<ol style="list-style-type: none"> <li>8. Give anticipatory guidance regarding how the death might look.</li> <li>9. Identify three ways that families may be able to create valuable memories.</li> </ol>
6. After the death	“Now what?”	<ol style="list-style-type: none"> <li>10. Perform a legal death exam.</li> <li>11. Review the ‘check list’ of post-mortem care items.</li> <li>12. Learn phrases that may comfort family members.</li> </ol>

Author(s): CS Mott Children's Hospital Pediatric Palliative Care Team, 2010-2011.

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