

## Self-Assessment

The statements below ask you to think back about your level of skills prior to participating in this workshop, compared to how you would now rate your skill level as a result of participating in this workshop.

Please darken the circle that best describes your skill level both BEFORE and AFTER completing this course, using the following scale:

- 1 = Need further basic instruction
- 2 = Competent to perform with close supervision/coaching
- 3 = Competent to perform as long as back-up is available
- 4 = Competent to perform independently

Your assessment of your skill <b>BEFORE</b> you completed this workshop	<b>After completing this workshop...</b>							
I could ...	Need Instruction	Only With Close Supervision	If Back-Up	Independently Perform	Need Instruction	Only With Close Supervision	If Back-Up	Independently Perform
	1	2	3	4	1	2	3	4
Assess the parents' needs (their infant has lethal anomalies)	1	2	3	4	1	2	3	4
Assess cultural issues important for a family near the time of death	1	2	3	4	1	2	3	4
Conduct a family conference to discuss important end of life decisions	1	2	3	4	1	2	3	4
Discuss end-of-life decision-making with a competent teenager	1	2	3	4	1	2	3	4
Explain the differences between curative and comfort care	1	2	3	4	1	2	3	4
Discuss the details of 'Do Not Attempt Resuscitation' (DNR) Orders	1	2	3	4	1	2	3	4
Assess pain near end-of-life	1	2	3	4	1	2	3	4
Assess non-pain symptoms near end-of-life	1	2	3	4	1	2	3	4
Manage pain near end-of-life	1	2	3	4	1	2	3	4
Manage dyspnea near end-of-life	1	2	3	4	1	2	3	4
Manage excessive secretions near end-of-life	1	2	3	4	1	2	3	4
Apply appropriate ethics to withdrawal of care decisions	1	2	3	4	1	2	3	4
Make collaborative decisions regarding withdrawal of care	1	2	3	4	1	2	3	4
Give end-of-life anticipatory guidance	1	2	3	4	1	2	3	4
Pronounce death	1	2	3	4	1	2	3	4
Discuss with family what happens after a child dies	1	2	3	4	1	2	3	4

Author(s): CS Mott Children's Hospital Pediatric Palliative Care Team, 2010-2011.

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