

**Author:** Michael Jibson, M.D., Ph.D., 2009

License: Unless otherwise noted, this material is made available under the terms of the **Creative Commons Attribution–Share Alike 3.0 License:**  
<http://creativecommons.org/licenses/by-sa/3.0/>

**We have reviewed this material** in accordance with U.S. Copyright Law **and have tried to maximize your ability to use, share, and adapt it.** The citation key on the following slide provides information about how you may share and adapt this material.

Copyright holders of content included in this material should contact [open.michigan@umich.edu](mailto:open.michigan@umich.edu) with any questions, corrections, or clarification regarding the use of content.

For more information about **how to cite** these materials visit <http://open.umich.edu/education/about/terms-of-use>.

Any **medical information** in this material is intended to inform and educate and **is not a tool for self-diagnosis** or a replacement for medical evaluation, advice, diagnosis or treatment by a healthcare professional. Please speak to your physician if you have questions about your medical condition.

**Viewer discretion is advised:** Some medical content is graphic and may not be suitable for all viewers.

# Citation Key

for more information see: <http://open.umich.edu/wiki/CitationPolicy>

## Use + Share + Adapt

{ Content the copyright holder, author, or law permits you to use, share and adapt. }



**Public Domain – Government:** Works that are produced by the U.S. Government. (17 USC § 105)



**Public Domain – Expired:** Works that are no longer protected due to an expired copyright term.



**Public Domain – Self Dedicated:** Works that a copyright holder has dedicated to the public domain.



**Creative Commons – Zero Waiver**



**Creative Commons – Attribution License**



**Creative Commons – Attribution Share Alike License**



**Creative Commons – Attribution Noncommercial License**



**Creative Commons – Attribution Noncommercial Share Alike License**



**GNU – Free Documentation License**

## Make Your Own Assessment

{ Content Open.Michigan believes can be used, shared, and adapted because it is ineligible for copyright. }



**Public Domain – Ineligible:** Works that are ineligible for copyright protection in the U.S. (17 USC § 102(b)) \*laws in your jurisdiction may differ

{ Content Open.Michigan has used under a Fair Use determination. }



**Fair Use:** Use of works that is determined to be Fair consistent with the U.S. Copyright Act. (17 USC § 107) \*laws in your jurisdiction may differ

Our determination **DOES NOT** mean that all uses of this 3rd-party content are Fair Uses and we **DO NOT** guarantee that your use of the content is Fair.

To use this content you should **do your own independent analysis** to determine whether or not your use will be Fair.

# Cluster A Personality Disorders

## Schizoid Personality Disorder

---

- “A pattern of detachment from social relationships and a restricted range of emotional expression.” (DSM-IV)
- 



# Schizoid Personality Disorder

## Diagnostic Criteria for Schizoid Personality Disorder (DSM-IV)

- A. A pervasive pattern of detachment from social relationships and a restricted range of expression of emotions in interpersonal settings, beginning by early adulthood and present in a variety of contexts, as indicated by four (or more) of the following:
- (1) neither desires nor enjoys close relationships, including being part of a family
  - (2) almost always chooses solitary activities
  - (3) has little, if any, interest in having sexual experiences with another person
  - (4) takes pleasure in few, if any, activities
  - (5) lacks close friends or confidants other than first-degree relatives
  - (6) appears indifferent to the praise or criticism of others
  - (7) shows emotional coldness, detachment, or flattened affectivity
- B. Does not occur exclusively during the course of Schizophrenia, a Mood Disorder With Psychotic Features, another Psychotic Disorder, or a Pervasive Development Disorder and is not due to the direct physiological effects of a general medical condition.



# Schizoid Personality Disorder

## Clinical Vignettes



# Schizoid Personality Disorder

## Schizoid Personality Disorder

---

- Prevalence: 3% of population
  - Sex ratio: M>F
  - Comorbidity: Delusional disorder, schizophrenia
  - Family: Schizophrenia, Cluster A disorders, esp. schizotypal personality disorder
- 



# Schizoid Personality Disorder

## Schizoid Personality Disorder

---

- Treatment
    - Psychotherapy - Treatment of choice; introspection is usually good
    - Medication - Low doses of antipsychotics or antidepressants are occasionally helpful
- 



# Schizoid Personality Disorder

## Schizoid Personality Disorder

---

- Physician-patient interaction
    - A straightforward approach, without an expectation of personal warmth is preferred
    - Greater empathy may actually make the patient more anxious
- 





# Additional Source Information

for more information see: <http://open.umich.edu/wiki/CitationPolicy>

Slide 5: American Psychiatric Association: *Diagnostic and Manual of Mental Disorders*, 4<sup>th</sup> ed, Text Revision (*DSM-IV-TR*), Washington, DC, American Psychiatric Association, 2000, p. 697